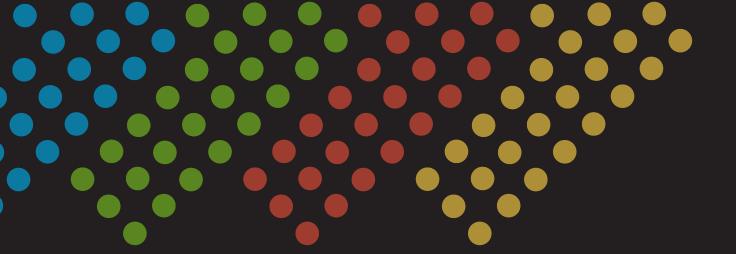


ZONE 2: PRE-K TO GRADE 3

Breakout Sessions





Content Expert Session

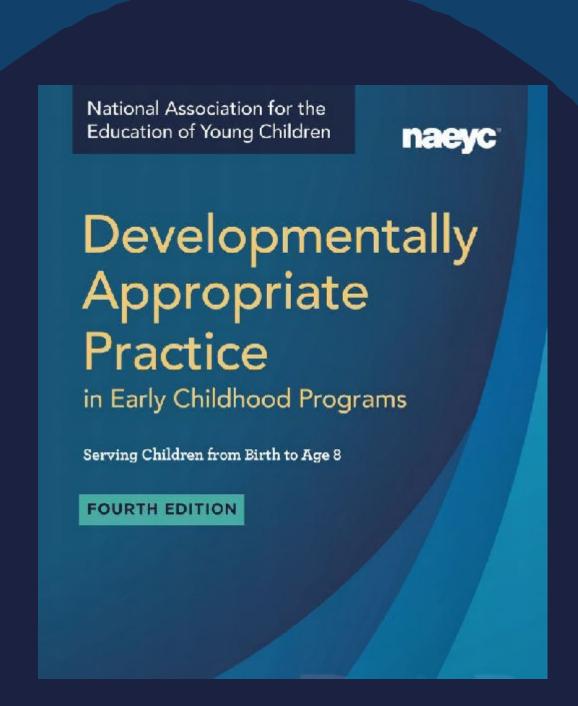
Level-Up!
High-Impact
Teaching Practices
for Early Childhood
Educators



Developmentally Appropriate Practice in Early Childhood Programs

Dr. Alissa Mwenelupembe, NAEYC





What do you know about DAP?

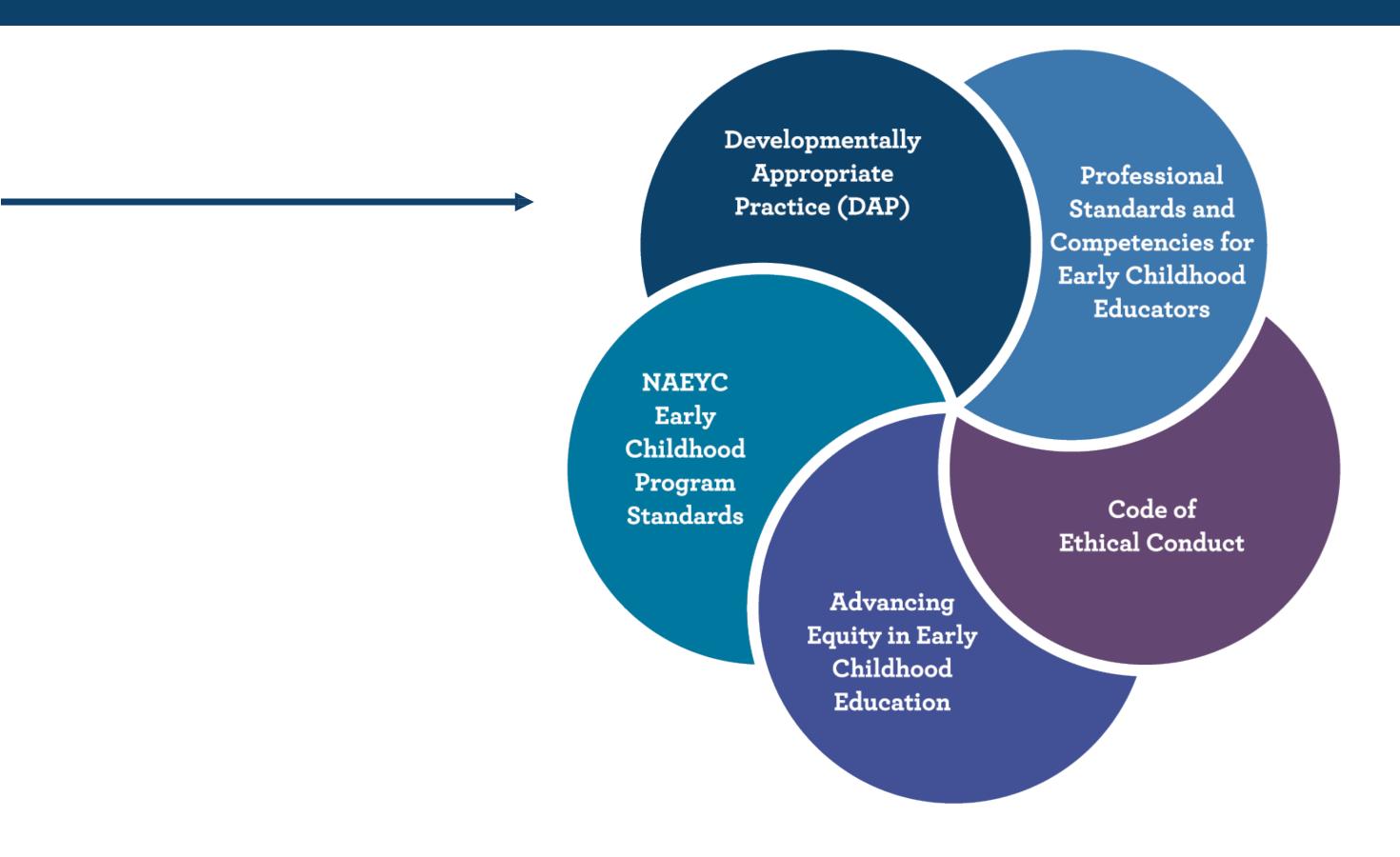


- It's a position statement from NAEYC
- A book NAEYC has published since 1986
- An approach to teaching in early childhood
- Trainings and resources from many others based on DAP

"Developmentally appropriate practice encompasses the knowledge and considerations educators need to apply to create, participate in, and sustain effective and joyful learning environments."

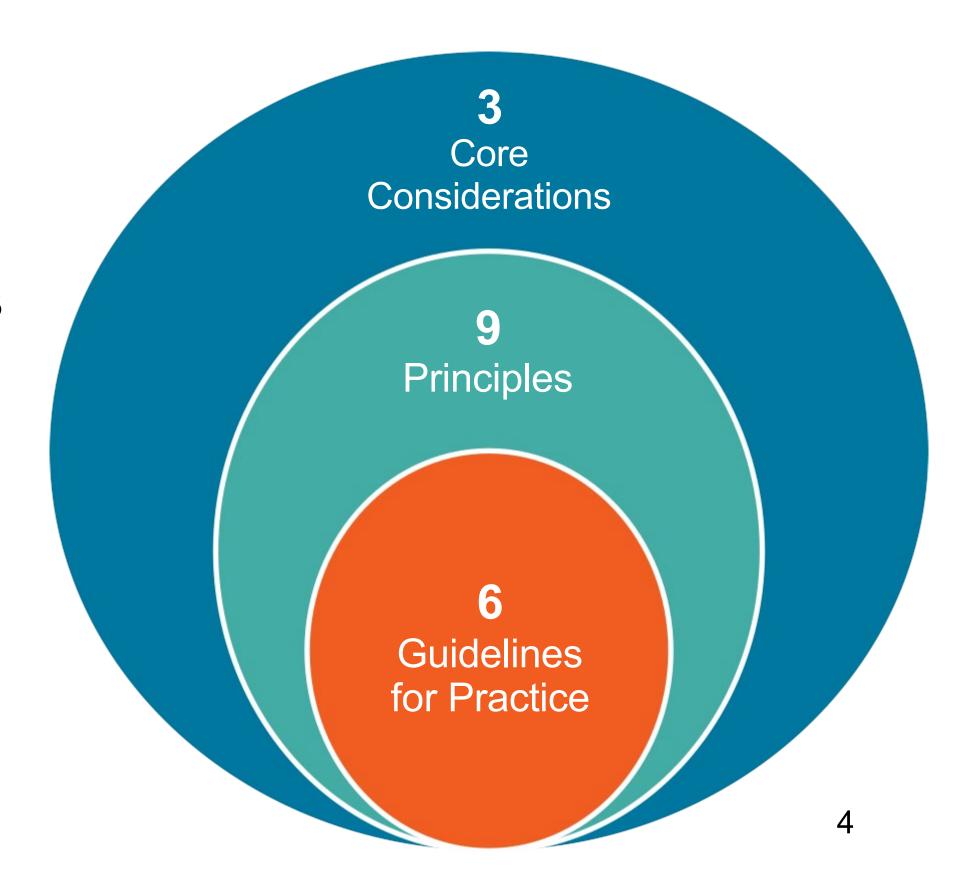
5 Foundational Documents for the ECE Field





Diving Into the Position Statement and book: Divisible naeyc by Three

"The principles serve as the evidence base for the guidelines for practice, and both are situated within three core considerations—commonality, individuality, and context."



1 Commonality

Current research and understandings of processes of child development and learning that apply to all children, including the understanding that all development and learning occur within specific social, cultural, linguistic, and historical contexts.

2 Individuality

The characteristics and experiences unique to each child, within the context of their family and community, that have implications for how best to support their development and learning.

3 Context

Everything discernible about the social and cultural contexts for each child, each educator, and the program as a whole.

Nine Principles



- Development and learning are dynamic processes.
- All domains of child development are important; each domain both supports and is supported by the others.
- Play promotes joyful learning.
 Play is essential for all children.
- Although general progressions of development and learning can be identified, variations must be considered.
- 5 Children are active learners from birth.

- Children's motivation to learn is increased when their learning environment fosters their sense of belong, purpose, and agency.
- Children learn in an integrated fashion that cuts across academic disciplines or subject areas.
- Development and learning advance when children are challenged to achieve at a level just beyond their current mastery.
- Used responsibly and intentionally, technology and interactive media can be valuable tools for supporting children's learning and development.

- Creating a caring, equitable community of learners
- 2 Engaging in *reciprocal* partnerships with families and fostering community connections
- 3 Observing, documenting and assessing children's development and learning

- Teaching to enhance each child's development and learning
- 5 Planning and implementing an *engaging* curriculum to achieve meaningful goals
- Demonstrating professionalism as an early childhood educator (new)



Discussing DAP: Toddlers Drawing on Walls



Discuss in Small Groups



What happened?

How does this connect to joyful learning? How does this connect to equity?

How would you have handled this situation?

Discussing DAP: Strengths Based











Discuss in Small Groups



What happened?

How does this connect to joyful learning? How does this connect to equity?

How would you have handled this situation?

Discussing DAP: Discussing Strengths with Families naeyc









Discuss in Small Groups



How do you share children's artwork with families?

How might you think about these two pieces of art differently? How are they alike?

Discussing DAP: Navigating Space





Funds of Knowledge

One teacher extended a sorting activity by asking families to send items from home that children could sort in the math center, such as socks, buttons, clothespins, or other objects.



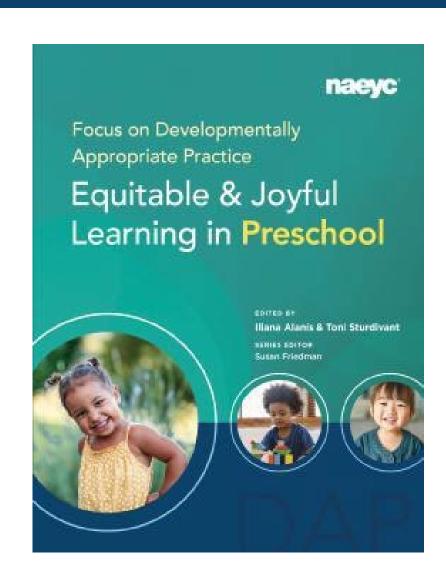
naeyc

DAP and Families: Selecting Materials; Children's Interests and Agency



NAEYC DAP Resources: naeyc.org





National Association for the **Education of Young Children** naeyc Developmentally Appropriate Practice in Early Childhood Programs Serving Children from Birth to Age 8 **FOURTH EDITION**

National Association for the Education of Young Children nacyc CASEBOOK Developmentally **Appropriate Practice in Early Childhood Programs** Serving Children from Birth Through Age 8 Pamela Brillants, Jennifer J. Chen, Stephany Curvas. Christyn Dundorf, Emily Brown Hoffman. Daniel R. Meier, Gayle Mindes, & Lisa R. Roy.

For classroom educators.
Upcoming: Infant Toddler;
Kindergarten; Early Primary

For all educators; web supports to use in higher ed, for self reflection and for trainings

For faculty/students as a companion to DAP book

KEY DAP Online Resources

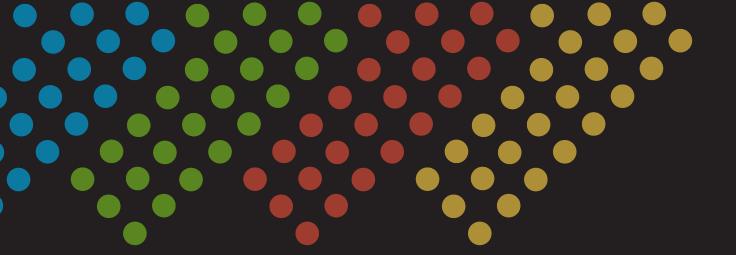


DAP Web pages

https://www.naeyc.org/resources/developmentally-appropriate-practice/

Book Study Guide

https://www.naeyc.org/sites/default/files/globally-shared/downloads/PDFs/resources/naeyc dap4e studyguide new.pdf



Educators as Experts Session

Level-Up!
High-Impact
Teaching Practices
for Early Childhood
Educators



DC Early EdX Conference April 5, 2024

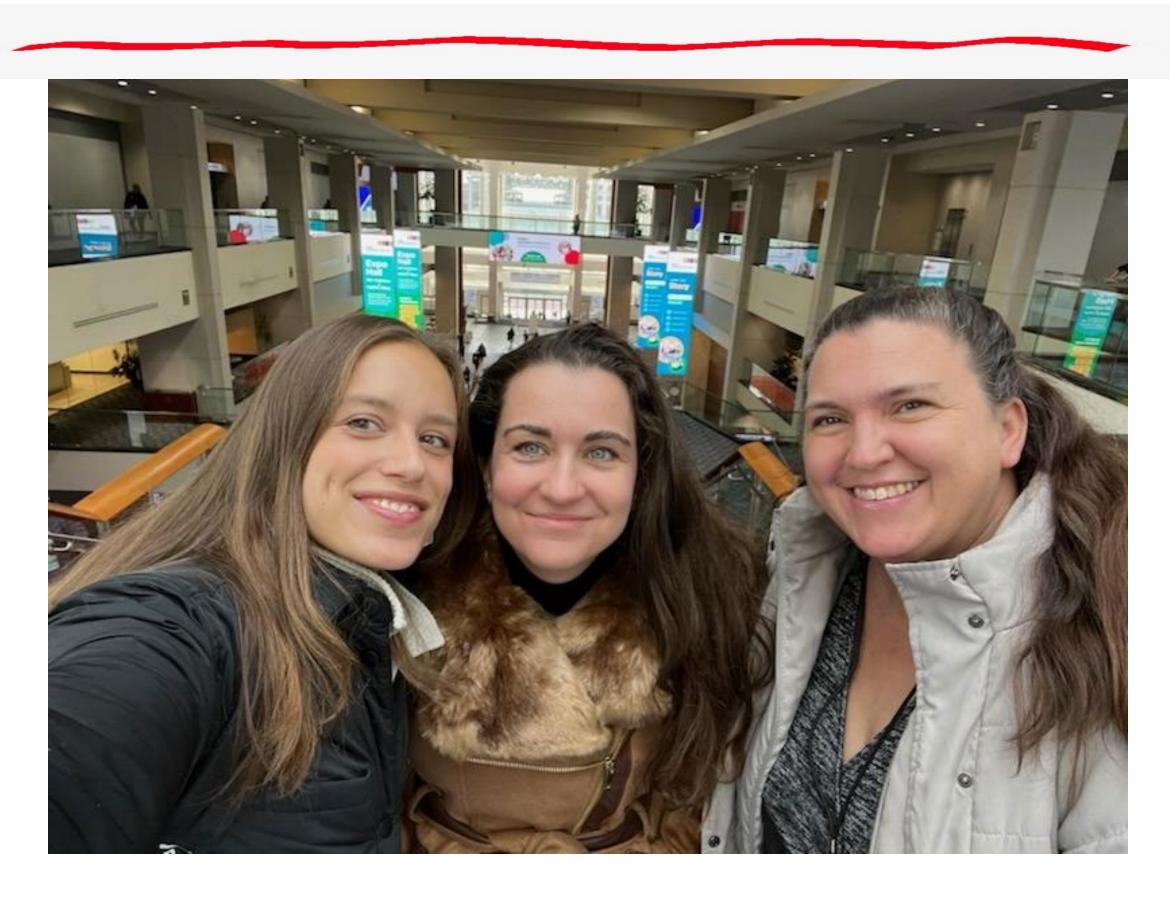
Children are Citizens: The Epilogue

CHILDREN ARE CITIZENS

Elizabeth Wyrsch-Ba

Early Childhood Educator

DCPS Military Road Early Center



Kristen Gnau Georgina Ardalan Elizabeth Wyrsch-Ba

AGENDA

Children Are Citizens Project Context

Superheroes are Citizens, too

The Mystery of the Missing Tree

Eco-Brick Project

How to start your own project



Project Goals

- Enable early childhood educators from schools and community institutions to collaborate on a project that connects children to the city.
- Support the development of children's basic literacies and the 4 C's (critical and creative thinking, collaboration, communication) by engaging them as current citizens.
- Create a city-wide learning community of children and educators across socio-economic and cultural lines that will cultivate teachers' and children's sense of belonging and commitment to the people and places of Washington DC.

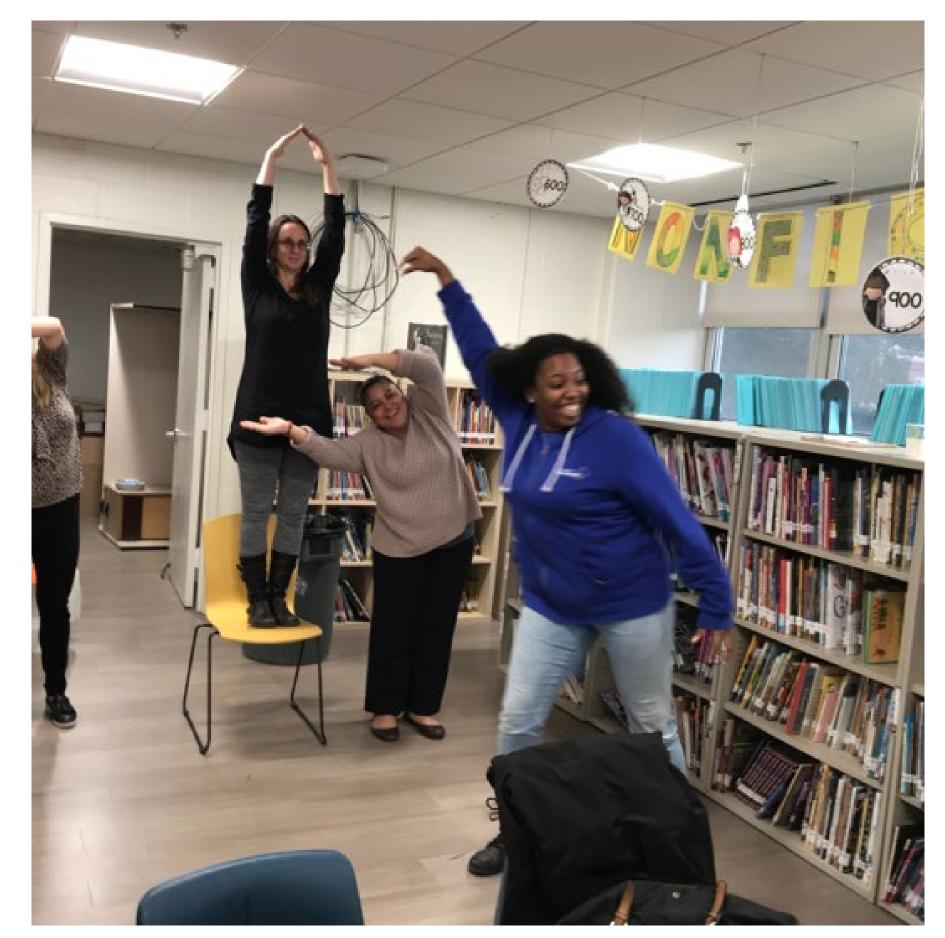
The CAC Framework

- Acknowledge and embrace children's rights as citizens and build on children's competencies
- Survey local and national landscapes to identify projects for children's participation
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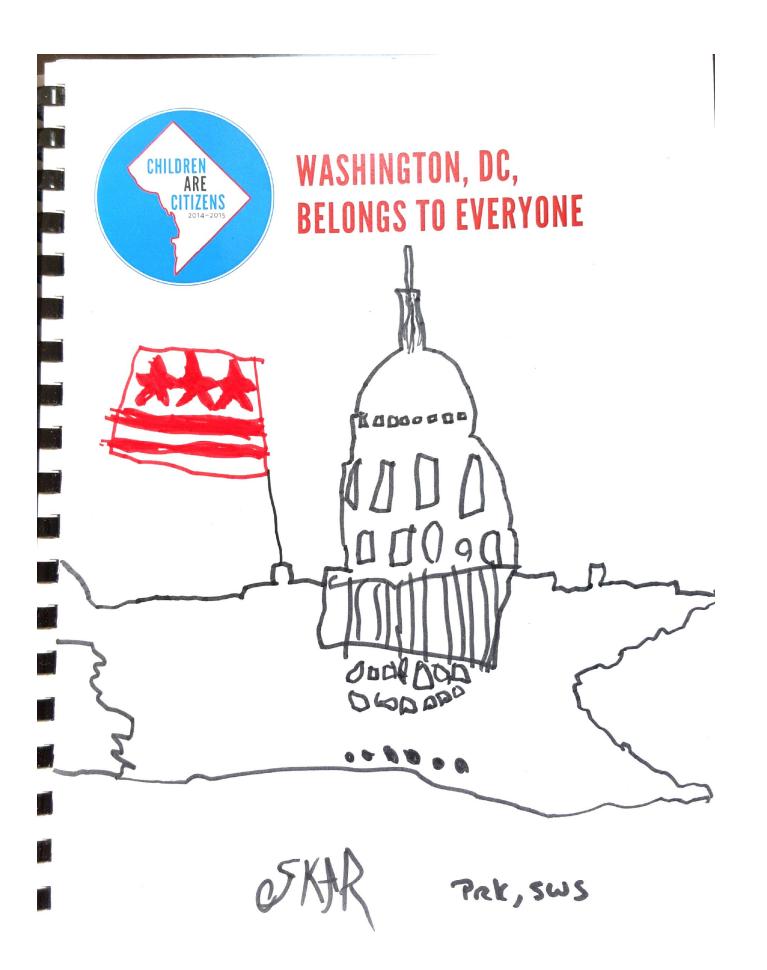


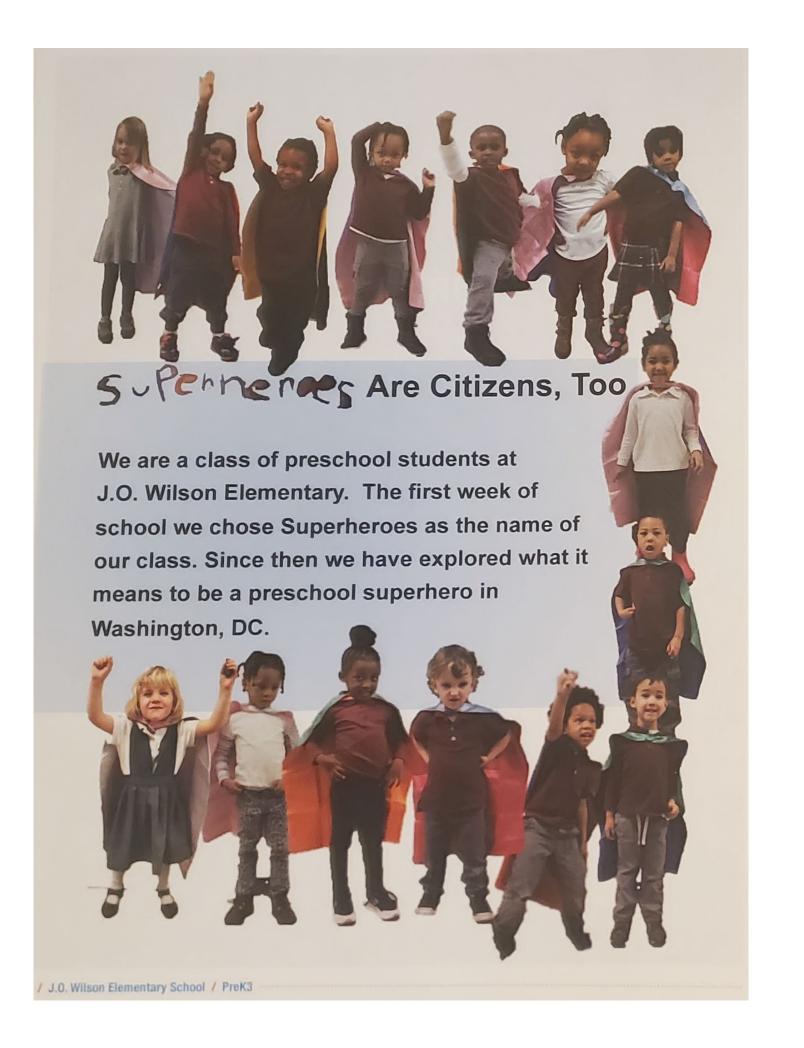






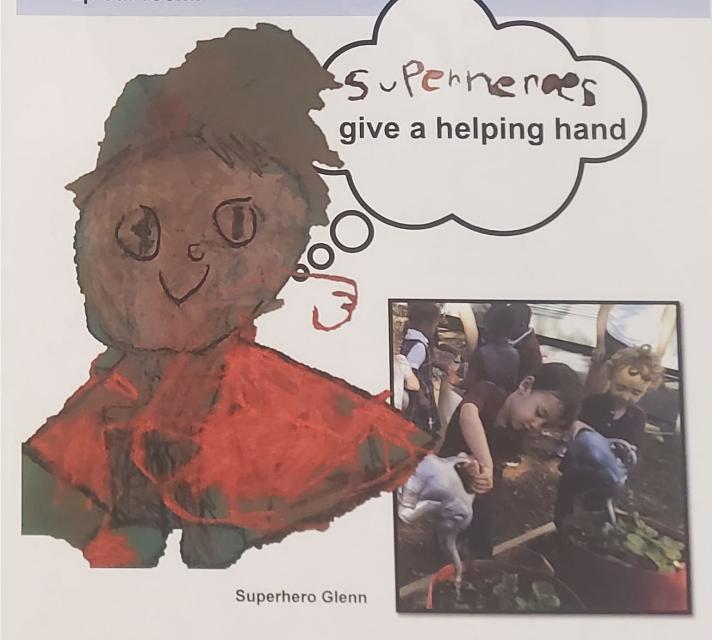


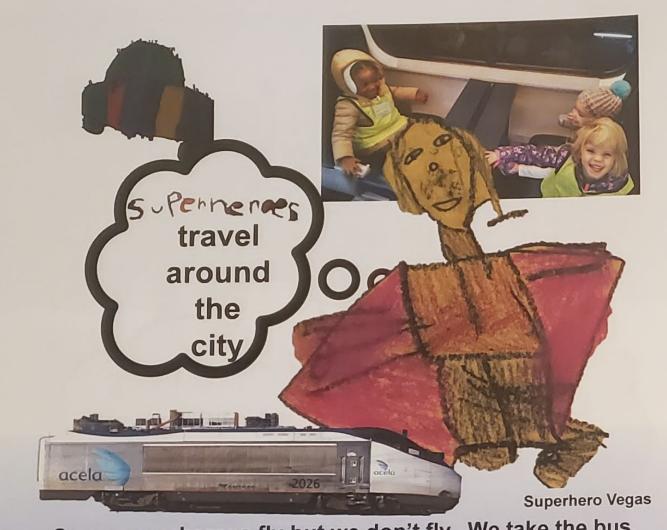




At home we help our mommies with the eggs for pancakes and making dinner with the kitchen tools. We help daddy and mommy fix the house because we are strong superheroes.

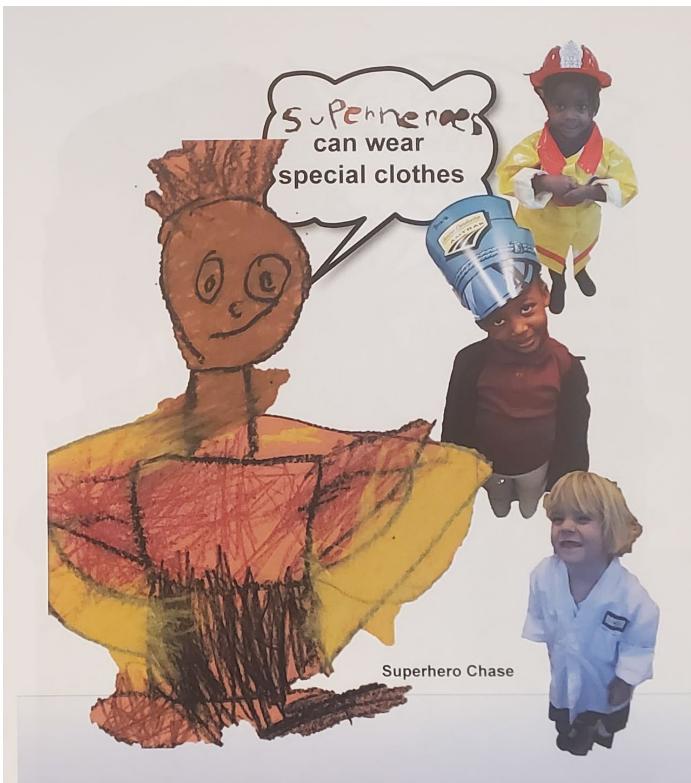
At school we give our friends soft hugs and help people open their snacks. We plant stuff in the garden and clean up our room.





Some superheroes fly but we don't fly. We take the bus, Uber, cars, jumbo jets, walk, and run. Our favorite way to travel is the train. The train goes choo choo. At Union Station the train comes in and takes us someplace else. At the Capitol we took a special train where Jack's daddy and his guys work.

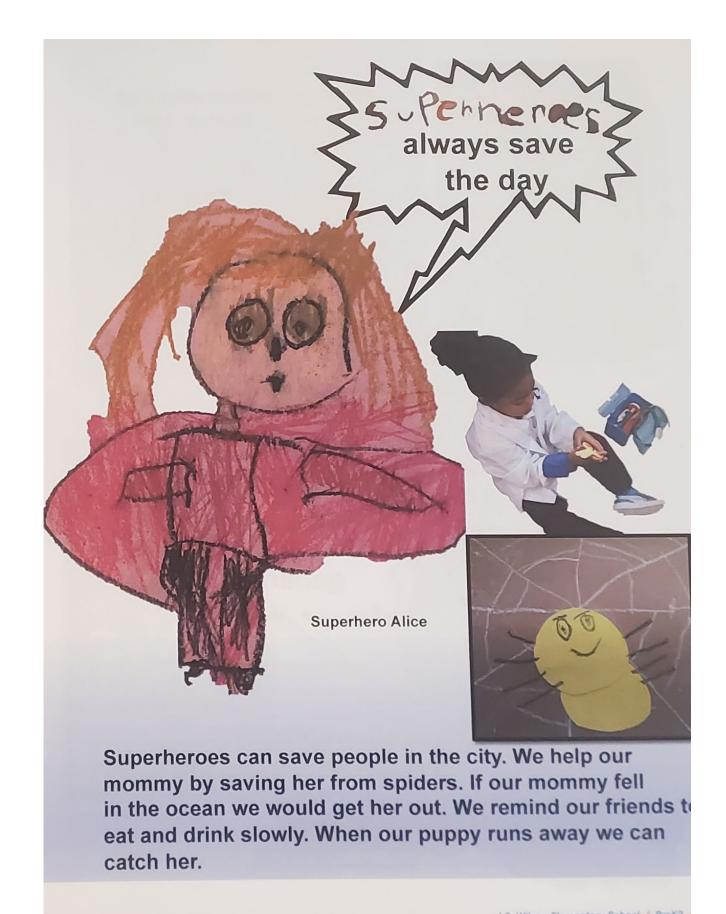


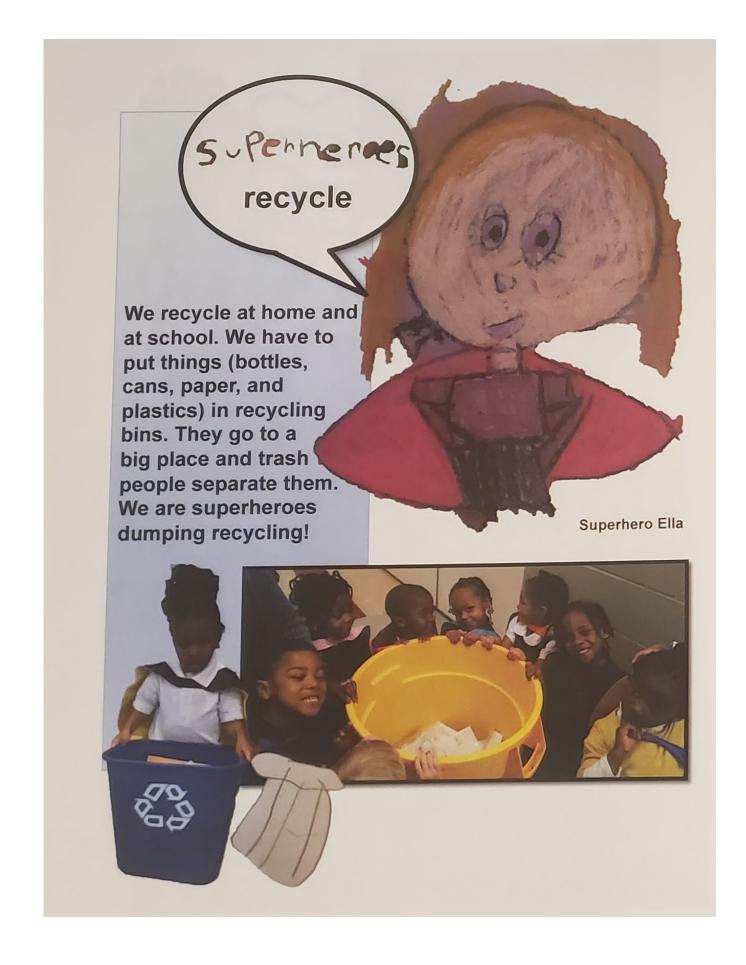


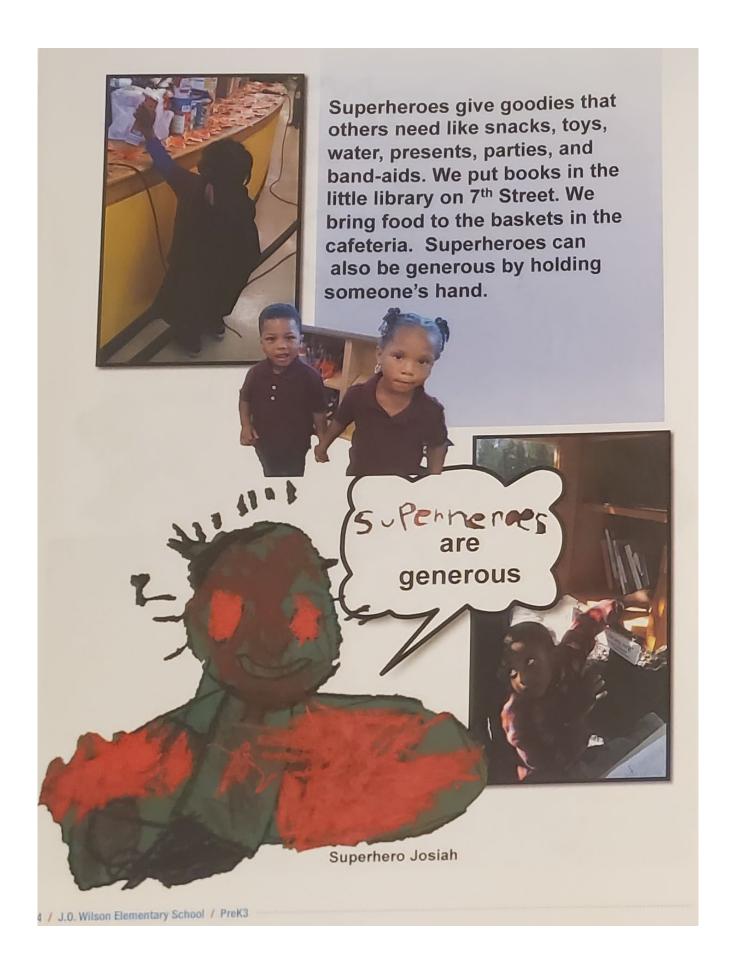
When we use our superhero powers we wear a cape.

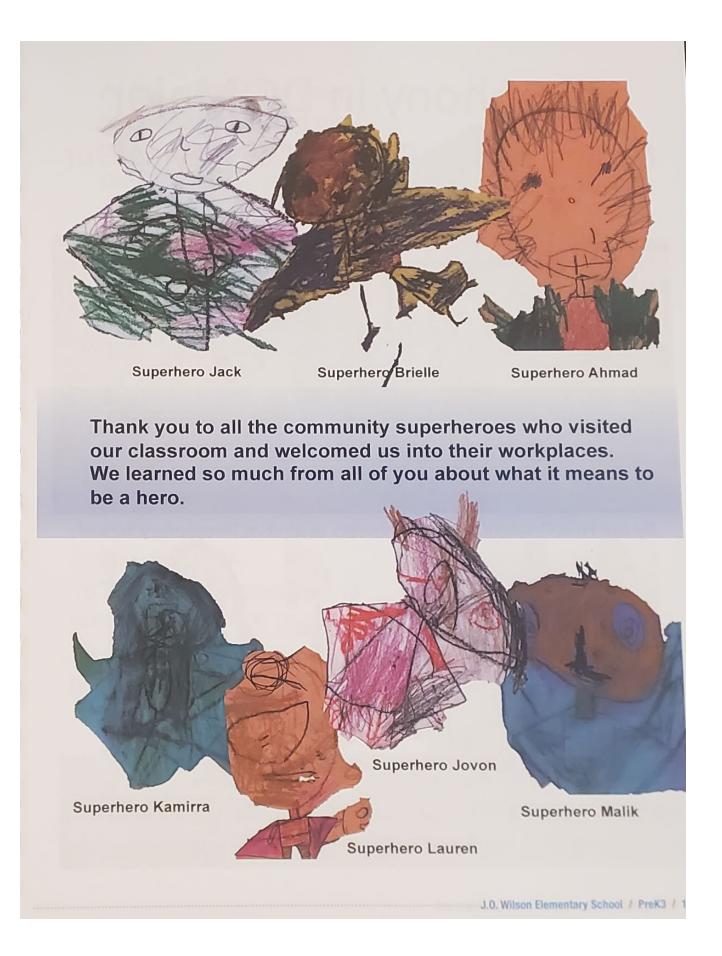
There are other clothes you can wear to be a superhero.

Firefighters wear helmets to put out fires. Doctors wear white coats. Police wear blue clothes. Conductors on the train wear hats with buckles on the side.











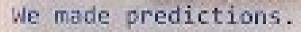


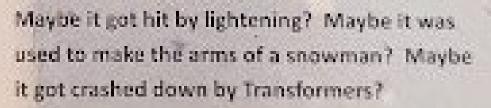
One November morning, our class followed a map to find the trees by our school. The map looks like a pirate map. The green circles are the trees.



When we came to one tree box we discovered that it was empty, but the map showed a tree there. Where was the missing tree?





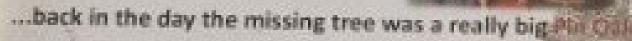




We wrote letters to tree experts to find out where was the missing tree and to ask for a new tree.

The experts wrote back.

We learned ...



...oak trees are awesome for animals because some can eat the acorns and other animals can live in it.

...last school year they realized the tree was sick and weak.

They cut it down before it could fall down on people.

... that the city also thought that we needed a new oak tree and hoped to plant a new one this winter.



On December 15, 2017, we had a super duper surprise. A truck came to our school with our new tree. It is a Chinkapin Oak. Right now it is small and little but with water and sun it will get bigger and bigger until it touches the sky. We decided to name our tree Sweetie Bell.

We became curious about what tools and vehicles are needed to cut down and plant a tree. Mr. Matt from the District Department of Transportation (DDOT) answered all of our questions. These are the steps to cut down a sick tree in the city.

1. The Bucket Truck is going around and around. It goes up and cuts branches from the trees.



2. The worker wears a hat and gloves.

3. The chainsaw is cutting down the tree because there are lots of bugs in the tree.



4. The wood chipper is cutting up the tree and making it into little wood chips.

He's cutting the stump down with the stump grinder. These are the steps to plant a new tree like Sweetie Bell.



1. The flatbed truck brings trees because we want to get more and more trees for us so they can grow big and strong.

2. The shovel makes a new home for the tree.

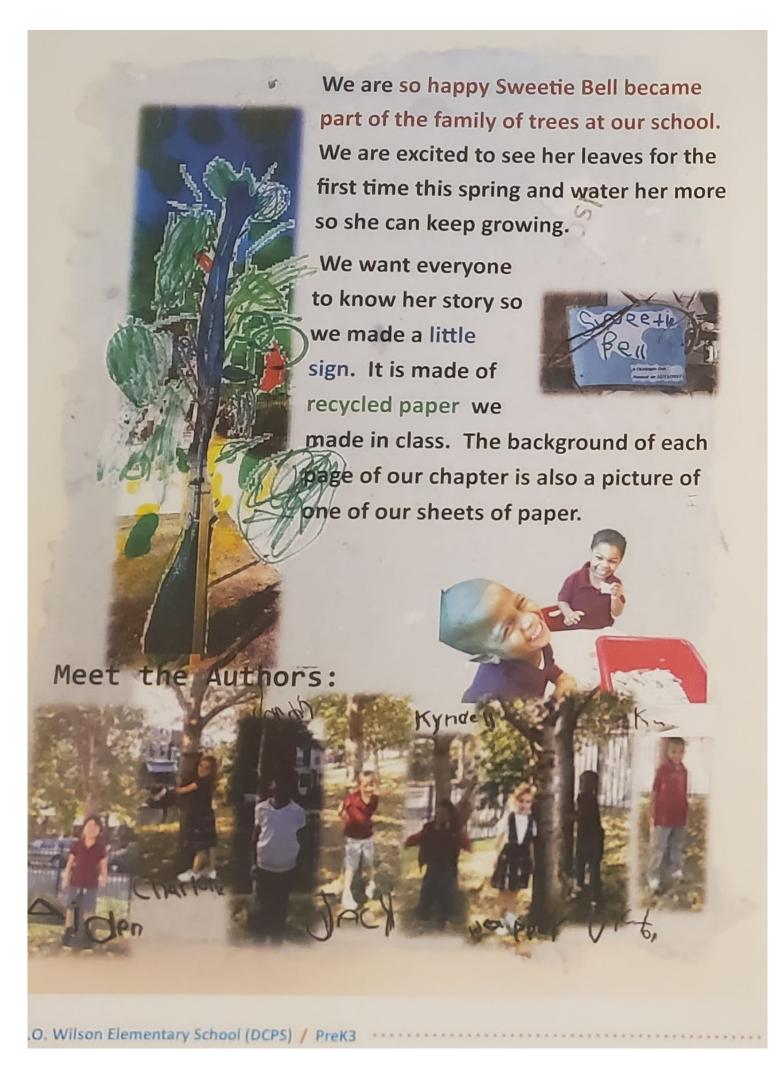
3. The pickaxe digs a hole for the tree.



4. The little guy is helping him hold the stake driver and it didn't break apart.



5. The water bag gives water slowly to the tree. We used watering cans to put water in the bag.



Thank you to everyone who helped us with our story.

- DDOT planted our new tree.
- Casey Trees shared the tree map.
- US Botanic Garden taught us about trees.
- DC Public Library brought us books about trees.
- Wolf Trap Institute taught us how to act out our story.
- National Air and Space Museum gave us tips on how to illustrate books.

We love our tree and want more!

Do you also want more trees for your school or home? If so contact DDOT's Urban Forestry Division to ask for trees and to learn how to care for young trees.

Are you curious about the trees in your neighborhood? You can look them up on the map at Casey Trees.





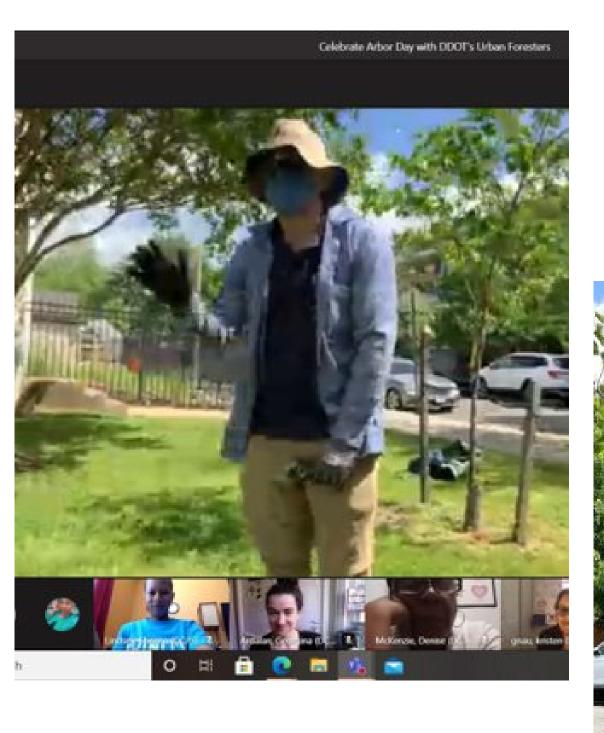






The CAC Framework

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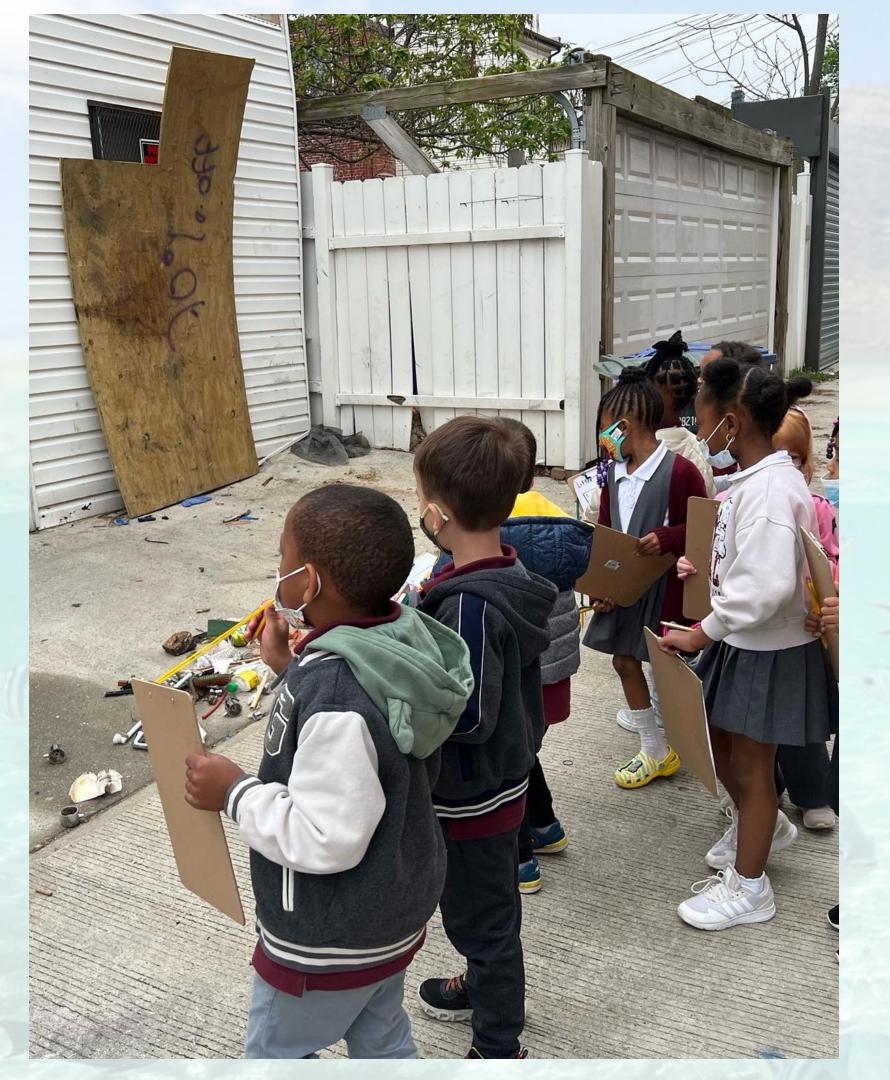
So Much



This is the story of the J.O. Wilson Preschoolers taking action to create something beautiful and useful out of non-recyclable plastic trash!

Written and Illustrated by J.O. Wilson Preschoolers





We, the Preschoolers at

J. D. WILLS ON Elementary School, wanted to help! But how? What can we do to help reduce flimsy plastic in our environment? Flimsy plastic is everywhere, even in alleys!



There are lots of animals that live in the ocean like fish, sharks, squids, octopuses, whales, and sea turtles. Plastic cannot be in the water! The sea animals might eat it and get hurt, sick, or stuck. We started our research and watched an underwater webcam. We drew, observed, studied and danced!











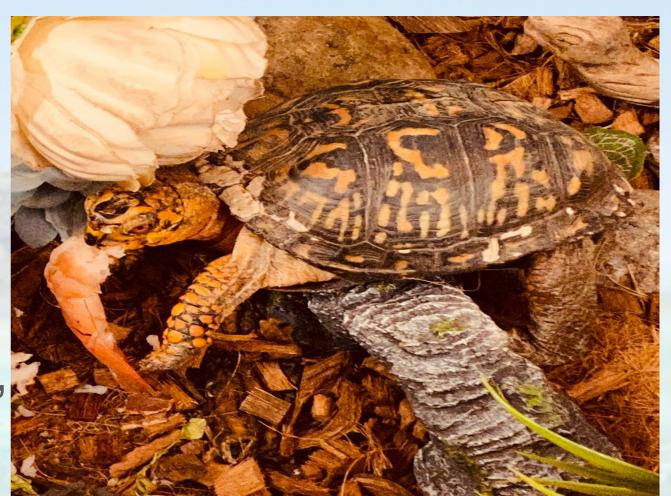




We learned that flimsy plastic is harmful to our

or Epns

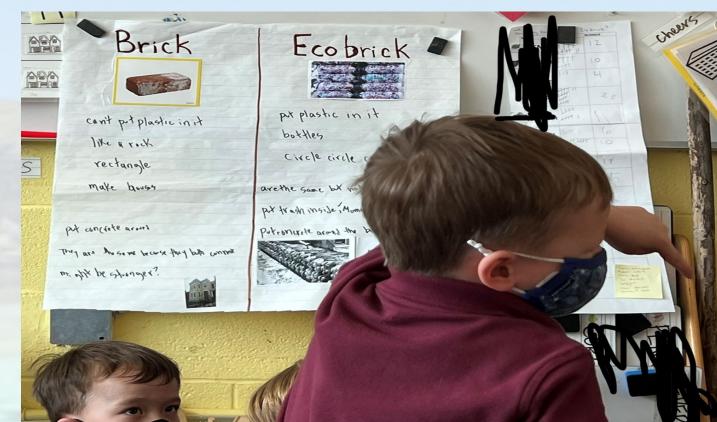
Animals, like Buddy (our eastern box turtle) can think it is food and choke on it. Or, fish can get stuck in it.











We learned about

bricks are any plastic bottle stuffed full of non-recyclable plastic.

Wait a second! We can do that!



J.O. Wilson students swimming underwater collecting plastic for Ecobricks so turtles don't choke on it.









So we stuffed and stuffed! We used tennis ball cans as Eco-bricks and stuffed them full of plastic bags, strings from birthday presents, and mesh from fruit bags. We started to get bold and put in other small non-recyclable plastic materials, such as bottle caps, rapid covid tests and old phone cords! We discovered that there is a lot of non-recyclable plastic in our classrooms and our homes.



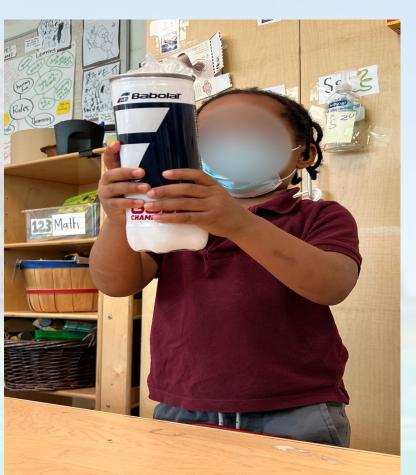


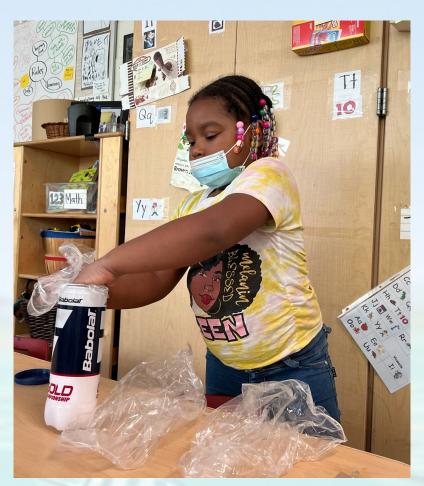












We stuffed at home. We stuffed at school. We stuffed over 150 Eco-bricks! The average weight of an Eco-brick is 5.93 ounces. That means we saved over 55.60 pounds of plastic from going into our oceans! That is more than a preschooler weighs!





Make the right choice! Put plastic in an Ecobrick!







We played inside our classrooms.

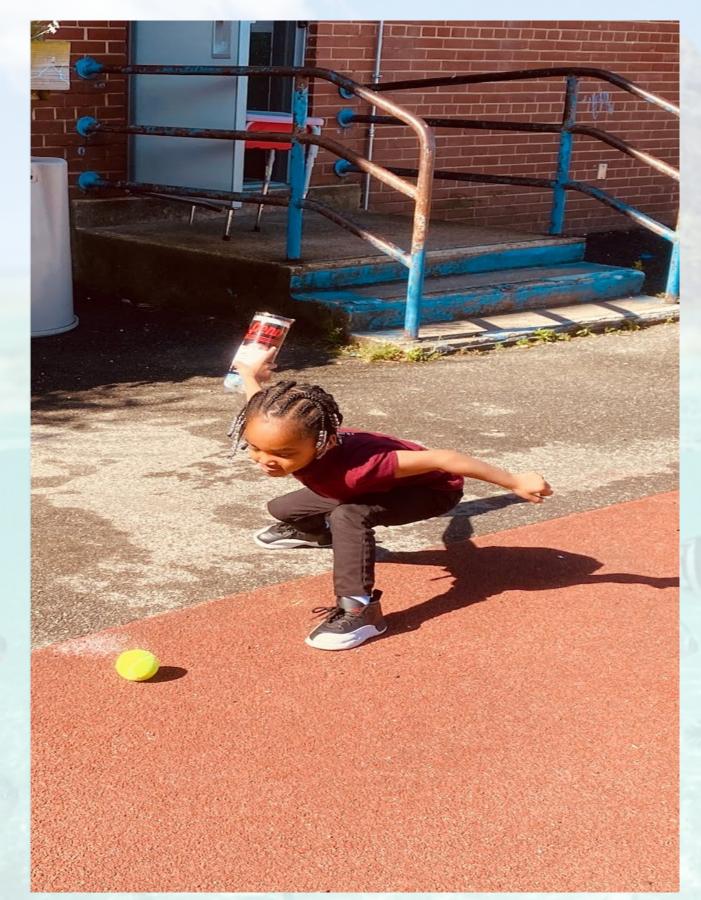
















We played outside our classrooms.





Batman sitting on an Ecobrick bench.

Eco-bricks made wonderful towers, but we thought they might make a good seat as well! After all, Batman uses one!



We met Coach Andrew, virtually and he invited us to make a Eco-brick SENCH on a tennis court for tired tennis players or ball kids. We thought this would be a great opportunity to teach others about how

harmful plastic is to our environment!





By the way... preschoolers make very fast ball kids! We can hold and carry tennis balls, but sometimes we need to sit down and rest.

We wanted to write a book to tell everyone in Washington, what they can do with flimsy plastic. We wrote a draft. Then our friends gave us feedback and we thought carefully about





Dear Readers,

Our wish:

We hope you play! Run hard, balance carefully, jump high, play with superheroes, and then rest (It's important for our bodies to rest every now and then!). Take a break on the eco-brick bench. You can take a short mediation. A meditation is making space around your heart. Try the hoberman sphere (you can use your imagination if you don't have one), the hummingbird breath (hum like a hummingbird), or the laughing meditation (think of something funny like chicken nuggets and laugh for no reason.) Please remember to never throw plastic on the ground! Use it to make your own Eco-bricks.

Our challenge:

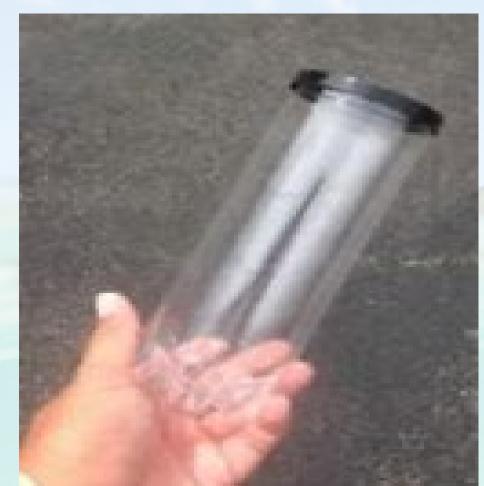
This bench is what we came up with. It's the first time we have ever made anything out of Eco-bricks. What can you build? A bench? A castle? A house for little pigs? If you build something out of Eco-bricks, we would like to see it! Please send us an email at EcobrickchallengeDC@gmail.com.

Happy Building!

Love,

The J.O. Wilson Preschoolers

Here is how you can make an Eco- Brick:



1. Get an empty tennis ball can.



2. Save your non-recyclable flimsy plastics. (These are the soft plastics, like plastic bags, mesh bags from fruit or soft food wrappers- be sure they are clean)



3. Stuff your can!



4. When it is to hard to squeeze it's full!

Congratulations! You just made an Eco-brick! What will you make next?

On the Bench — But Not Sitting Out

J.O. Wilson Elementary Preschoolers Keep Plastic Out of the Trash with Monthslong 'Eco-Brick' Bench Project



by Kayla Benjamin June 8, 2022











When Georgina Ardalan looked out at her preschool class this year, she started to see a COVID-era pattern many have missed: an explosion of extra plastic wrappers. School lunches and breakfasts now included individually wrapped everything, from sandwiches to utensils.

"I couldn't throw all this plastic away," Ardalan said.

CURRENT NEWSPAPER





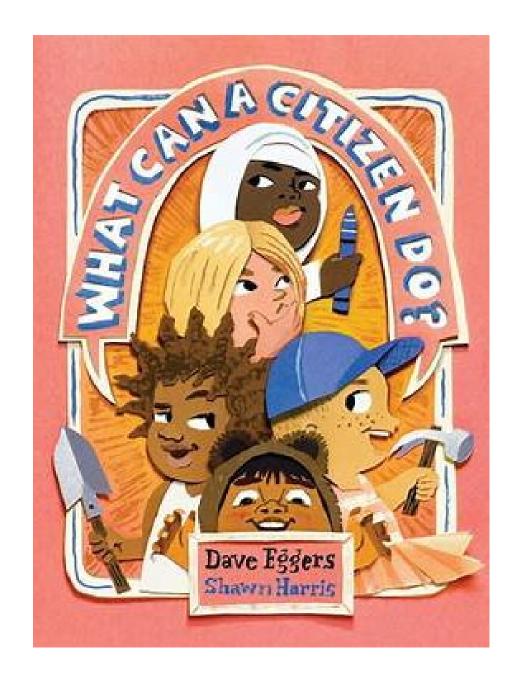


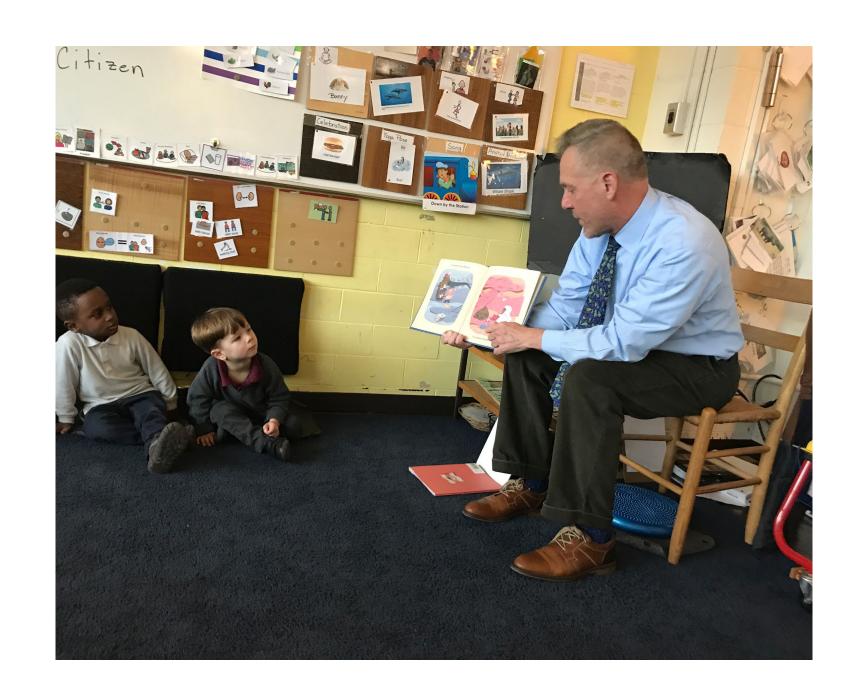




The CAC Framework

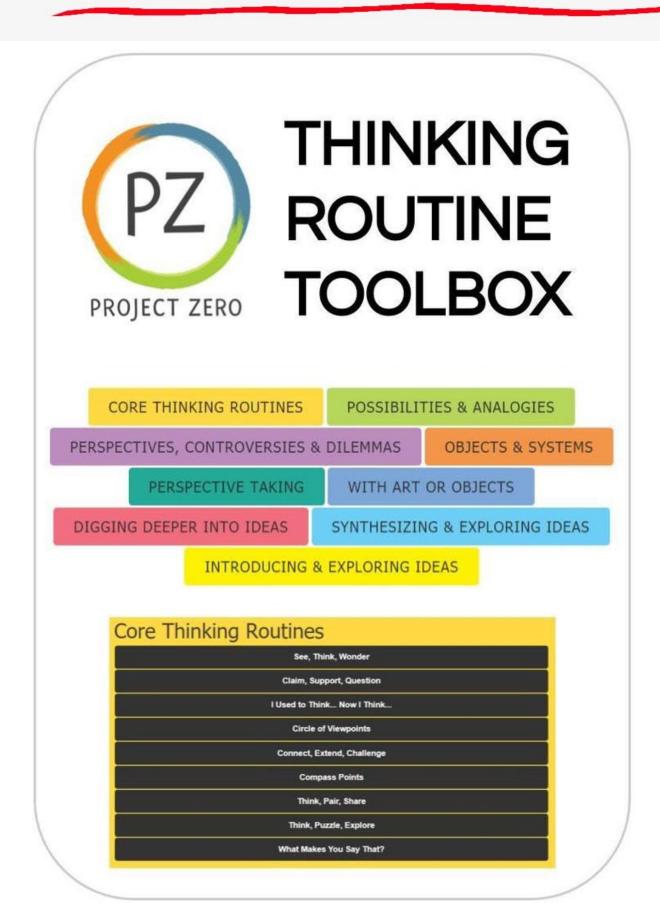
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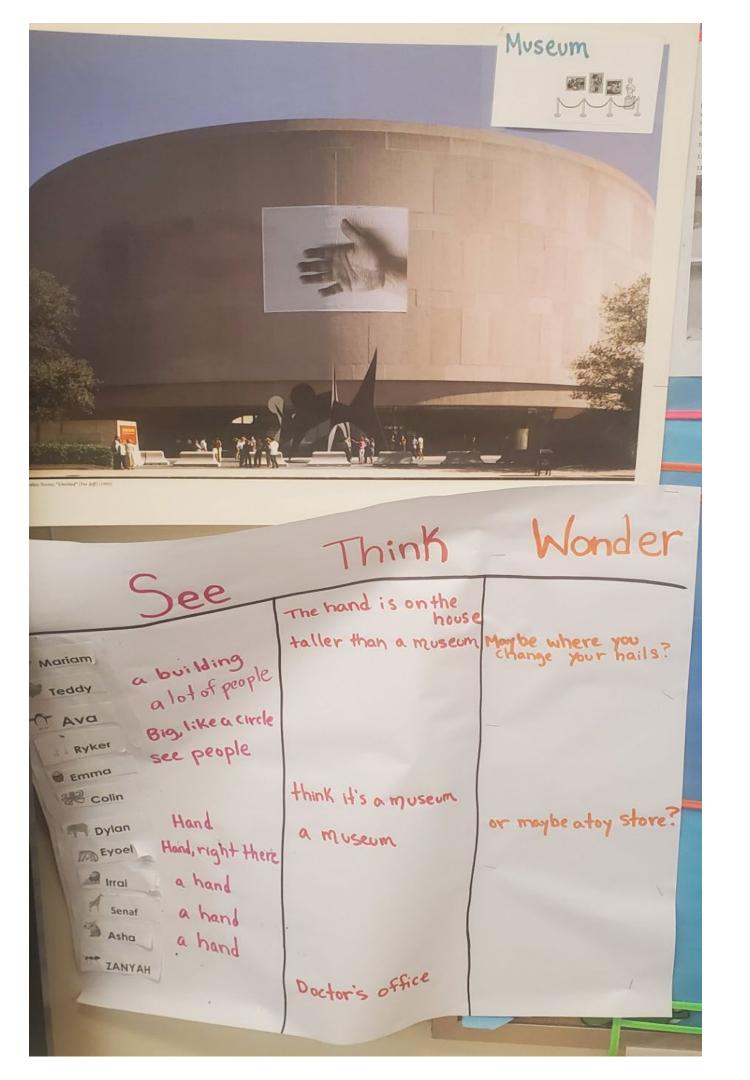




Embrace children's rights as citizens

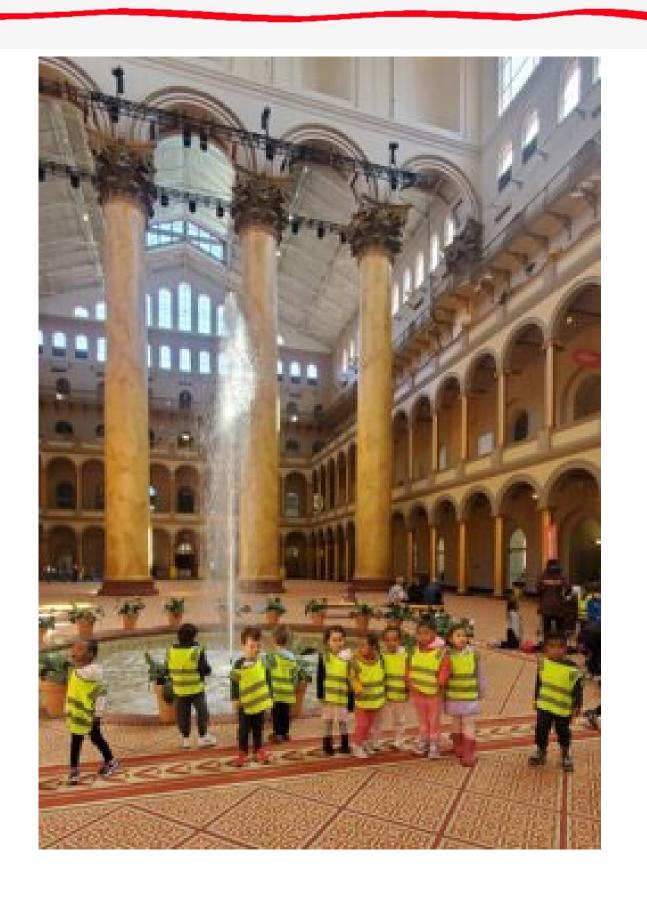
Build on children's competencies





Survey our local and national landscapes







Create a compelling invitation





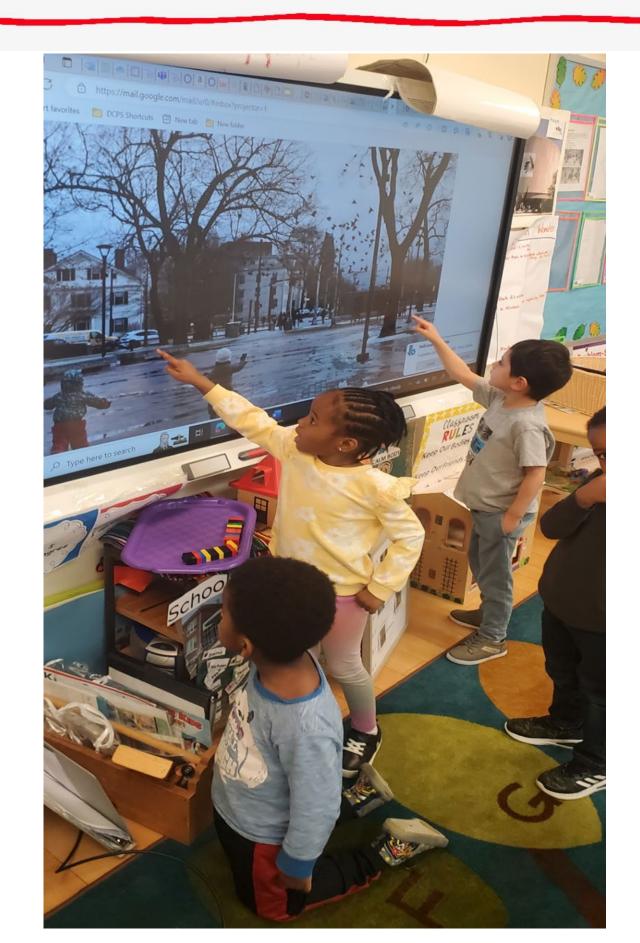
Provocations

Who does
Washington,
DC belong to?

What are your favorite places in Washington, DC?

Who are important people in Washington, DC?

Build a network of educators







Contact: dcpzec@gmail.com

A shareable project that makes children's learning visible



DC Early EdX Conference April 5, 2024

Children are Citizens: The Epilogue

CHILDREN ARE CITIZENS

Elizabeth Wyrsch-Ba

Early Childhood Educator

DCPS Military Road Early Center





High Quality Teaching Practices

Tamika Hill 04/2024



High-Quality Teaching Practices Categories

- 1. Building Relationships
- 2. Exhibiting Cultural and Social Responsiveness
- 3. Assessment
- 4. Creating Supportive Learning Environments
- 5. Classroom Management
- 6. Supporting and Building Language
- 7. Engaging in Reflective Practice
- 8. Intentional Planning

Building Relationships



- Staff to Children
- Staff to Staff
- Children to Children





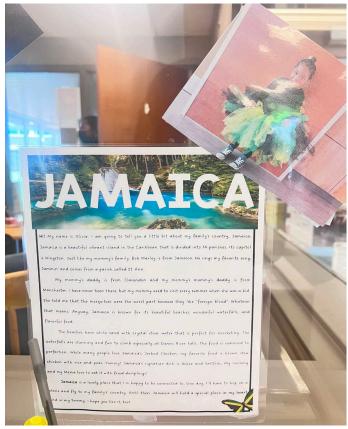




- Understand and learn from each child and family
- Cater to each child's strengths and needs
- Focus on Child and Family experiences





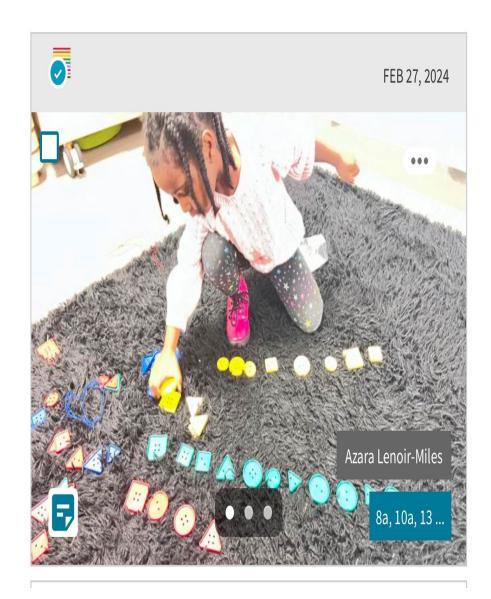


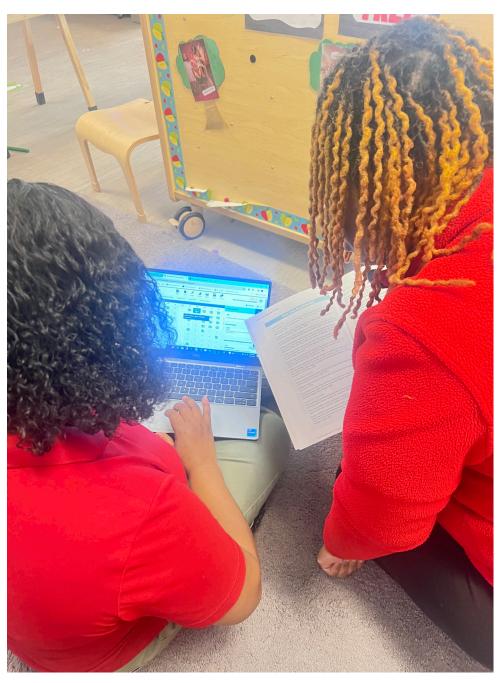


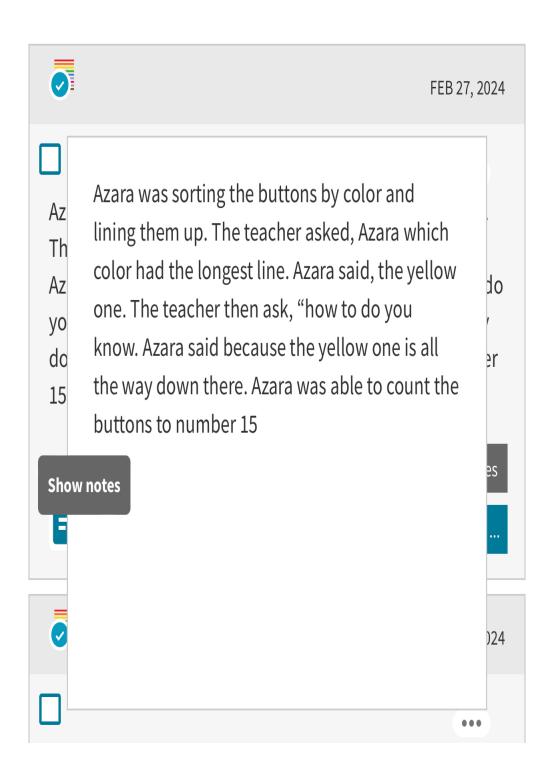
Assessment



- Individualized
- Evaluates children's experience
- Formal and informal









Creating Supportive Learning Environments

- Enhances children's development
- Children benefits
- Fosters healthy relationships inside and outside the classroom



The children were figuring out what to use to make our garden flourish.





Classroom Management

- Increases productivity
- Job-embedded professional development increases classroom management



Supporting and Building Language



- Relient on peers and adult
- Expressive and receptive









Engaging in Reflective Practice

- Benefits
- A process
- Relationship





Intentional Planning

- Researchers and observers
- Result of reflection

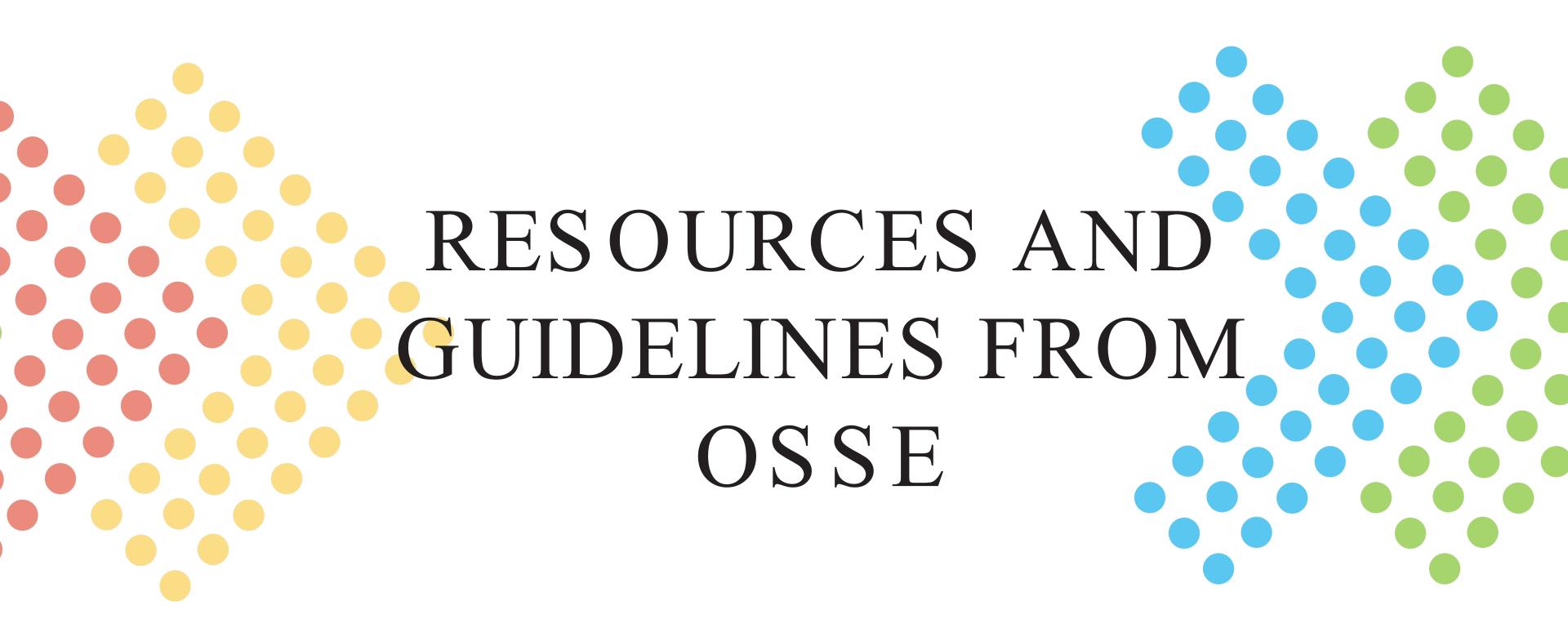




Click to add a Title



Questions?







Fiscal Year 2024 (FY24) Early Childhood Educator Pay Equity Fund

April 2024

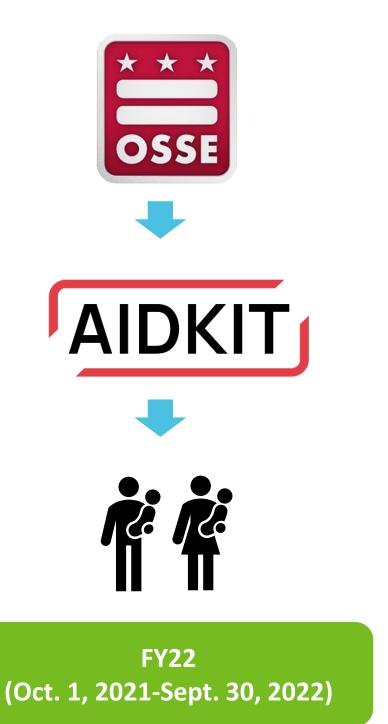




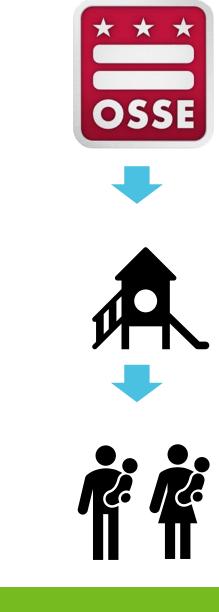
Overview of FY24 Early Childhood Educator Pay Equity Fund



Following Task Force recommendations, the Office of the State Superintendent of Education (OSSE) distributed funds directly to educators in FY22 and FY23, and through child care providers starting in FY24







FY23 (Oct. 1, 2022-Sept. 30, 2023) FY24 (Oct. 1, 2023-Sept. 30, 2024)







FY24 Early Childhood Educator Pay Equity Fund

- OSSE is distributing Early Childhood Educator Pay Equity Funds to child development facilities to help them increase compensation for early childhood educators.
 - Direct payments from AidKit ended in September 2023.
- To receive funds, a child development facility must be licensed by OSSE and agree to pay eligible staff, by role and highest credential, salaries that meet or exceed the minimum salaries established by OSSE.
 - Note: Providers that are approved for a waiver are not required to pay the minimum salaries
- Providers must opt-in to the Early Childhood Educator Pay Equity Fund and complete a provider agreement by deadlines established by OSSE to receive funds.



What does it mean for me if my employer is participating in the Early Childhood Educator Pay Equity Fund?

- If you are employed at a facility participating in the Early Childhood Educator Pay Equity Fund, your employer is required to pay eligible staff at least the FY24 minimum salaries, unless they have been approved for a waiver.
- Your employer will include the funds in your regular paycheck if you are employed in an eligible staff type.
- Employers are not required to pay eligible staff the minimum salaries until <u>after</u> they receive their first award payment from OSSE.
 - Providers that started participating in the Early Childhood Educator Pay Equity Fund in <u>quarter one</u> received their first award payment in <u>December 2023</u> and were required to pay the minimum salaries starting in the next feasible payroll cycle. For many providers, that payroll cycle was in <u>January 2024</u>.
 - Providers that started participating in the Early Childhood Educator Pay Equity Fund in <u>quarter two</u> received their first award payment in <u>March 2024</u> and are required to pay the minimum salaries starting in the next feasible payroll cycle. In many cases, that payroll cycle will occur in <u>April 2024</u>.





Facilities with Waivers

- If OSSE approves a provider for a waiver, the provider is **not** required to pay eligible staff the minimum salaries established by OSSE for the Early Childhood Educator Pay Equity Fund in FY24.
- However, the facility must pay eligible teachers and assistant teachers salaries or wages that are higher than those paid on Sept. 30, 2023.
- The facility must use all funds received from the Early Childhood Educator Pay Equity Fund to:
 - Increase salaries or wages for eligible staff;
 - Cover taxes and mandatory benefits associated with higher salaries or wages; and/or
 - Provide health or other discretionary benefits for staff.





What if my employer has chosen not to participate?

- If you are employed at a facility that <u>is not</u> participating in the Early Childhood Educator Pay Equity Fund, your employer <u>does not</u> receive any funds from the program and is not required to pay staff the minimum salaries.
- Employers can choose to opt-in to the Early Childhood Educator Pay Equity Fund at any time and receive the next quarterly payment.
- All facilities must comply with <u>other District and/or federal laws and requirements</u>
 regarding worker wages and hours that apply to all employers, including the Fair Shot
 Minimum Wage Act of 2016, and for child care providers participating in the District's child
 care subsidy program, the Living Wage Act of 2006.







Wage Supplements and Minimum Salaries



Educator Credentials

• The required minimum salary and corresponding wage supplement are based on the highest credential or degree held by an educator as documented, reviewed and approved in OSSE's Division of Early Learning Licensing Tool (DELLT).

For lead teachers:

- To qualify for the "BA or higher" wage supplement, have a bachelor's degree (or higher) in early childhood education (ECE) or a bachelor's degree in any field (or higher) with at least 24 credit hours in ECE.
- To qualify for the "AA" wage supplement, have an associate degree in ECE or an associate degree in any field with at least 24 credit hours in ECE.
- To qualify for the "CDA" wage supplement, have a Child Development Associate (CDA) or 48
 credit hours with at least 15 hours in ECE.

For assistant teachers:

- To qualify for the "AA or higher" wage supplement, have an associate degree (or higher).
- To qualify for the "CDA" wage supplement, have a CDA or 48 credit hours with at least 15 hours in ECE.
- To qualify for the "less than CDA" wage supplement, have less than a CDA.





Educator Staff Types

• Child development facilities that receive funds from OSSE must pay eligible lead teachers and assistant teachers, in the following staff types in DELLT, salaries that meet or exceed the minimum salaries.

The following staff types in DELLT qualify as an **assistant teacher**:

- Assistant teacher
- Montessori assistant teacher
- Pre-K Enhancement and Expansion Program (PKEEP) assistant teacher
- Associate home caregiver

The following staff types in DELLT qualify as a **lead teacher**:

- Teacher
- Montessori teacher
- Expanded home caregiver
- Home caregiver





Staff Wages and Salaries

• After receiving the first quarterly CDF payroll funding formula payment, providers must pay all eligible teachers and assistant teachers salaries or wages that meet or exceed minimum salary requirements by role and credential, <u>unless the facility has an approved waiver</u>.

Staff Type	Credentials	Minimum Salaries for FY24 (annual salary)	Minimum Salaries for FY24 (hourly wage)
Assistant Teacher	Less than a CDA	\$43,865	\$21.09/hour
	CDA	\$51,006	\$24.52/hour
	Associate degree or higher	\$54,262	\$26.09/hour
Lead Teacher	CDA <u>or</u> 48 credit hours with at least 15 hours in ECE	\$54,262	\$26.09/hour
	Associate degree in ECE <u>or</u> an associate degree with at least 24 credit hours in ECE	\$63,838	\$30.69/hour
	Bachelor's degree (or higher) in ECE <u>or</u> a bachelor's degree (or higher) with at least 24 credit hours in ECE	\$75,103	\$36.11/hour





Staffing Changes

- Newly hired lead teachers and assistant teachers must be paid salaries or wages that meet or exceed the minimum salary requirements following OSSE approval of staff record in DELLT, unless the facility has an approved waiver.
- Educators who are assigned a new staff type (e.g., from assistant teacher to teacher) or
 obtain a higher credential or degree (e.g., a teacher with an associate degree completes a
 bachelor's degree in ECE) should be paid the appropriate minimum salary following OSSE
 approval of the record change in DELLT.
- If a lead teacher or assistant teacher changes jobs:
 - New employer that is participating in the Early Childhood Educator Pay Equity Fund must pay the teacher or assistant teacher salaries or wages that meet or exceed the minimum salary requirements following OSSE approval of staff record in DELLT.
 - New employer that is participating in the Early Childhood Educator Pay Equity Fund and has an approved waiver is not required to pay the minimum salaries established by OSSE; early educators should speak with employers that have an approved waiver about the salary or wages they can expect prior to accepting an offer of employment.
 - New employer that is **not** participating in the Early Childhood Educator Pay Equity Fund is not required to pay the minimum salary (but must follow other applicable federal and local laws).





Revised Licensing Regulations: Education Requirements

- On Dec. 20, 2023, State Superintendent Dr. Christina Grant signed a Notice of Emergency and Proposed Rulemaking (NEPRM) for the Licensing of Child Development Facilities, which updated the licensing regulations set at 5A DCMR Chapter 1.
 - Summary of Changes (Español | Amharic)
- The updated regulations maintain the District's commitment to high standards for early educators while providing additional pathways and flexibility in how early childhood educators can meet education requirements.
- The proposed changes took effect the day the NEPRM was signed (Dec. 20, 2023).





Revised Licensing Regulations: Education Requirements

- The licensing changes provide additional pathways and flexibilities for some early childhood educators to meet the education requirements for a staff role that they otherwise would not be qualified for.
- In most cases, the revised regulations do not change the minimum salary that an individual early childhood educator qualifies for under the Early Childhood Educator Pay Equity Fund, nor do they alter the amount of funding a provider receives through the CDF payroll funding formula for that staff member.





Pay Examples

Individual	Pay Equity Role and Credential	Employer Status	Minimum Salary
Example 1. Debbie has an associate degree in accounting. Debbie's staff type is an assistant teacher.	Debbie qualifies as an assistant teacher with the "AA or higher" wage supplement (and minimum salary).	Debbie's employer opted in to the Pay Equity Fund starting in Q1.	Debbie's minimum salary is \$54,262. Her employer is required to pay the minimum salary starting the first feasible payroll cycle following receipt of the Q1 payment in December 2023.
Example 2. Tommy has a CDA. Tommy's staff type is associate home caregiver.	Tommy qualifies as assistant teacher with the "CDA" wage supplement (and minimum salary).	Tommy's employer opted in to the Pay Equity Fund starting in Q1 and has been approved for a waiver starting in Q1.	Tommy's employer must pay him a higher salary than he was receiving on Sept. 30, 2023. His employer is required to pay him the increased salary starting the first feasible payroll cycle following receipt of the Q1 payment in December 2023.
Example 3. Veronica has a high school diploma and is enrolled in a CDA program. Veronica's staff type is associate home caregiver.	Veronica qualifies as an assistant teacher for the "Less than a CDA" wage supplement (and minimum salary).	Veronica's employer opted in to the Pay Equity Fund starting Q2. The employer does not have a waiver.	Veronica's minimum salary is \$43,865. Her employer is required to pay the minimum salary starting the first feasible payroll cycle following receipt of the Q2 payment in March 2024.

^{*}Examples assume individuals have staff records in DELLT that are approved and include all required supporting documentation.





Pay Examples

Individual	Pay Equity Role and	Employer Status	Minimum Salary
	Credential		
Example 4. Julia is a home provider with a CDA.	Julia qualifies as a teacher with the "CDA" wage supplement .	Julia is self-employed and does not have any employees.	Julia will receive the CDA teacher wage supplement from OSSE. Since she is self-employed with no employees, she does not need to report on use of funds to OSSE and can choose how to spend the funds.
Example 5. Sandra has a CDA and 25 years of experience as an early childhood teacher. Sandra's staff type is teacher, with a continuous service certification.	Sandra qualifies as a teacher with the "CDA" wage supplement (and minimum salary).	Sandra's employer opted in to the Pay Equity Fund starting in Q1.	Sandra's minimum salary is \$54,262. Her employer is required to pay the minimum salary starting the first feasible payroll cycle following receipt of the Q1 payment in December 2023.
Example 6. Maria has a CDA and is currently enrolled in a degree program to earn an associate degree in ECE. She has an enrollment-based certification and her staff type is teacher.	Maria qualifies as a teacher with the "CDA" wage supplement (and minimum salary).	Maria's employer opted in to the Pay Equity Fund starting in Q1.	Maria's minimum salary is \$54,262. Her employer is required to pay the minimum salary starting the first feasible payroll cycle following receipt of the Q1 payment in December 2023. After Maria earns her associates in ECE, she should provide proof of her new credential to her employer. After her staff record is updated by her employer and approved by OSSE, her employer is required to by her \$63,838.



Pay Examples

Individual	Pay Equity Role and Credential	Employer Status	Minimum Salary
Example 7. Rachel has an associate degree in accounting. Rachel's staff type is teacher.	Rachel qualifies as a teacher with the "CDA" wage supplement (and minimum salary) .	Maria's employer opted in to the Pay Equity Fund starting in Q1.	Rachel's minimum salary is \$54,262. Her employer is required to pay the minimum salary starting the first feasible payroll cycle following receipt of the Q1 payment in December 2023.
Example 8. Roberta has an associate degree in accounting and 12 hours of credit in ECE. Roberta's staff type is teacher.	Roberta qualifies as a teacher with the "CDA" wage supplement (and minimum salary).	Roberta's employer opted in to the Pay Equity Fund starting in Q1.	Roberta's minimum salary is \$54,262. Her employer is required to pay the minimum salary starting the first feasible payroll cycle following receipt of the Q1 payment in December 2023.
Example 9. Naomi has an associate degree in accounting and 24 hours of credit in ECE. Naomi's staff type is teacher.	Naomi qualifies as a teacher with the "AA" wage supplement (and minimum salary).	Naomi's employer opted in to the Pay Equity Fund starting in Q1.	Naomi's minimum salary is \$63,838. Her employer is required to pay the minimum salary starting the first feasible payroll cycle following receipt of the Q1 payment in December 2023.
Example 9. Charles has an associate degree in early childhood. Charles' staff type is teacher.	Charles qualifies as a teacher with the "AA" wage supplement (and minimum salary).	Charles' employer opted in to the Pay Equity Fund starting in Q1.	Charles' minimum salary is \$63,838. His employer is required to pay the minimum salary starting the first feasible payroll cycle following receipt of the Q1 payment in December 2023.

^{*}Examples assume individuals have staff records in DELLT that are approved and include all required supporting documentation.





Questions?

For more information on FY24 Early Childhood Educator Pay Equity Fund, please visit: osse.dc.gov/fy24ecepayequity.

Questions:

OSSE.ECEPayEquity@dc.gov





Additional Resources

Frequently Asked Questions for Early
Childhood Educators



How Staffing Changes Impact CDF Payroll
Funding Formula Awards



Guide for Determining an Educator's

Minimum Salary



FY24 Waivers: What Early Childhood Educators Need to Know

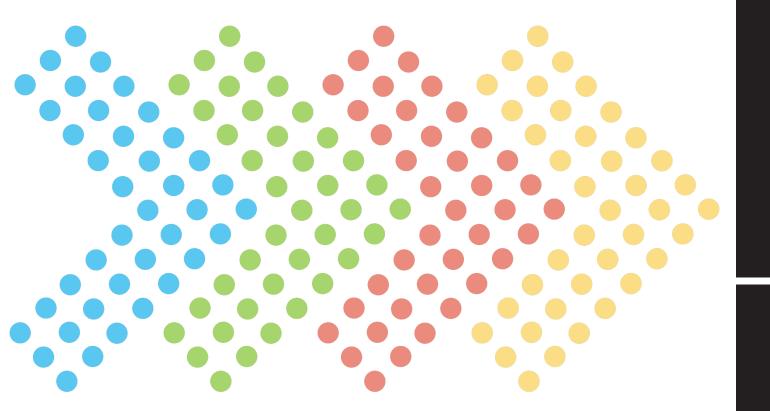












THANKYOU

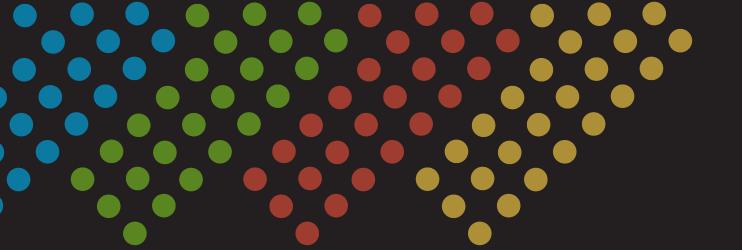




ZONE 2: PRE-K TO GRADE 3

Breakout Sessions





Level-Up!
High-Impact Mental Wellbeing
Practices for Early Childhood
Educators





APRIL 5, 2024

DENEEN ROBIN, PHD, LCPC, LPC

ICEBREAK SO



EXTRAORDINARY AND UNIQUE STRESSORS.

Mental wellbeing is the ability to thrive in various areas of life, including relationships, work, and play, while still dealing with ups and downs. Research shows that good mental health is linked to improved learning, creativity, productivity, social relationships, physical health, and life expectancy.

THE JOB OF AN EDUCATOR IS
NEVER FINISHED

THERE ARE WAYS
TO MANAGE THE
NEGATIVE ASPECTS
OF THE ROLE

FOCUS ON THE THINGS
YOU CAN CHANGE OR
INFLUENCE ACCEPT THE
THINGS YOU CANNOT

Vicarious Trauma

Community and Family Expectation

Pay and Conditions

Emotional Overload

Diversity in School Community

Changing Regulatory Frameworks

WHAT BRINGS STRESS TO THE EDUCATOR ROLE?



THE JOB OF AN EDUCATOR IS.....

ENGAGE IN SELF-CARE
EVERYDAY

COLLABORATE AND SHARE

BE GENTLE ON YOURSELF

SET-LIMITS (AND STICK TO THEM)

NEVER NEGLECT RELATIONSHIPS

PRIORITIZE YOUR WORK



....NEVER DONE



COLLEGIALITY IS A POWERFUL WAY TO MANAGE WORKLOADS

- TASKS AND ROUTINES NEED TO BE MEANINGFUL AND EFFICIENT
- WHEN YOU FIND A TASK EFFICIENCY SHARE, SHARE, SHARE!
- · HAVE A MENTOR AND BE A MENTOR!
- DEVELOP TEAM PLANS THAT RECOGNIZE
 DIVERSITY OF SKILLS AND PREFERENCES IN
 THE TEAM

SHARING ATWORK

FAMILY

THE MOST PRECIOUS

RELATIONSHIPS WE

HAVE — IF WE NEGLECT

THESE RELATIONSHIPS

THEN THE IMPACT CAN

BE VERY BIG

If you burn out at work another worker will replace you

- you cannot be replaced at home

FRIENDS

OFTEN OUR MOST
SUPPORTIVE
RELATIONSHIPS

We need people who share our interests and with whom we enjoy spending time

WORK COLLEAGUES

WE SPEND SIGNIFICANT TIME AT
WORK — BUILDING POSITIVE
WORKING RELATIONSHIPS
MAKES OUR WORK-LIFE MORE
SATISFYING

Take the work seriously, but be light with each other!

TAKING CARE OF RELATIONSHIPS



WHEN THERE IS NO END POINT OF THE WORK, YOU NEED TO DEFINE SOME LIMITS - NO ONE IS LIKELY TO MANAGE THIS FOR YOU!

· HOW DO YOU 'SWITCH OFF' FROM WORK?

TRANSITION-FINISHING A WORK DAY

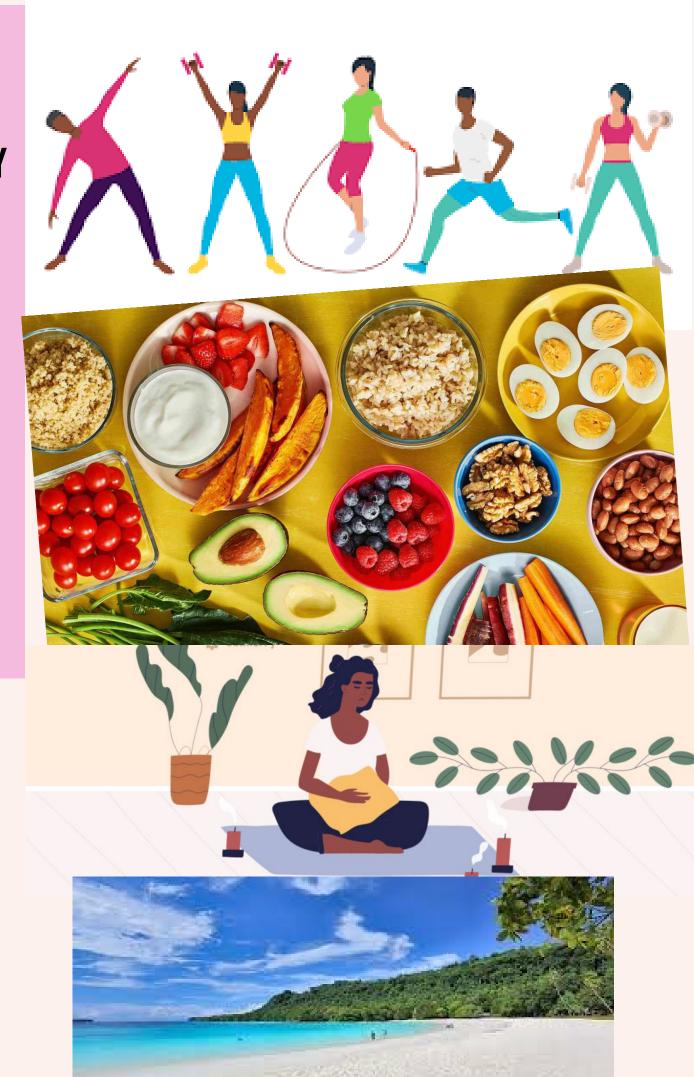
· WORKING TO LIVE, NOT THE OTHER WAY AROUND!

- IF YOU WANT TO EXPERIENCE PHYSICAL STRENGTH AND WELL-BEING, THEN YOU MIGHT ... ?
- HOW CAN YOU BUILD EMOTIONALLY RESTORATIVE PRACTICES INTO DAILY ROUTINES?

SELF-CARE TAKES EFFORT. HOWEVER, IT SHOULD BE FUN!

(THE HARD PART IS STARTING A NEW ROUTINE)

SELF-CARE NEEDS TO BE DELIBERATE



- YOU MUST ENJOY THE TIME IS THE TIME FLYING?
- DOES IT DISTRACT YOU FROM STRESS IN YOUR LIFE?
- YOU SHOULD FEEL A SENSE OF ACCOMPLISHMENT OR
 ACHIEVEMENT WHEN YOU UNDERTAKE SELF-CARE
- THE ACTIVITY SHOULD NOT DO ANY HARM!





DAILY ROUTINES - AT LEAST 10 - 30 MINUTES EACH DAY

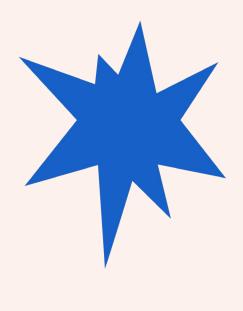
PLAN YOUR SELF-CARE

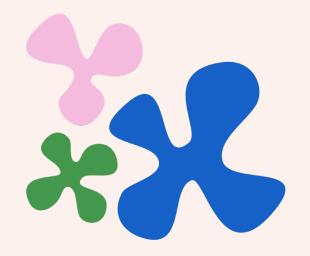
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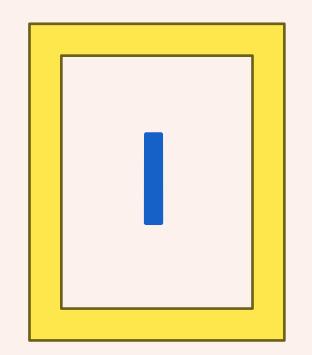
BIG THINGS ON THE HORIZON —
AT LEAST ONE OF THESE IN THE NEXT 12 MONTHS!



I MINUTE BRAINSTORM SPEND 30 SECONDS ON EACH QUESTION THAT FOLLOWS

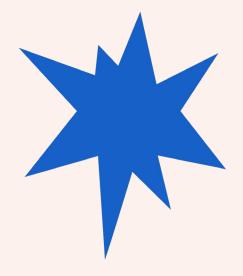


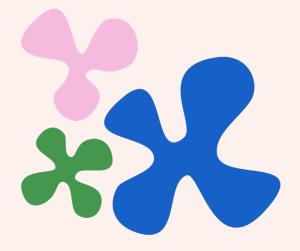


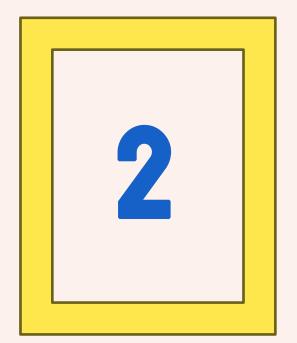


What are the challenges in my workplace?



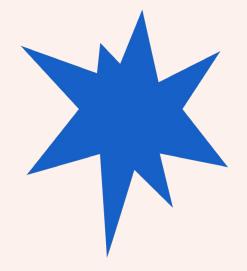


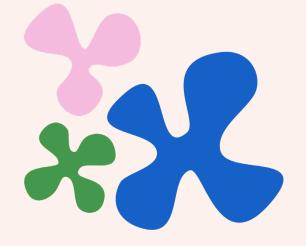




What is working well in my workplace?







THERE WILL BE NEGATIVE ASPECTS TO THE JOB

(We feel stress more acutely when we have low levels of control)

- · MANY THINGS THAT OCCUR IN OUR WORKING LIVES ARE OUT OF OUR CONTROL
- FINDING A POSITIVE WAY FORWARD WHEN THINGS DON'T GO OUR WAY IS A HEALTHY WAY TO BUILD RESILIENCE AND REDUCE FRUSTRATION
- BEWARE OF ANY "SHOULD-DA" FRUSTRATION YOU EXPERIENCE ULTIMATELY YOU CAN ONLY CONTROL WHAT YOU DO OTHERS WILL HAVE DIFFERENT PERCEPTIONS, PRIORITIES AND MOTIVATIONS!

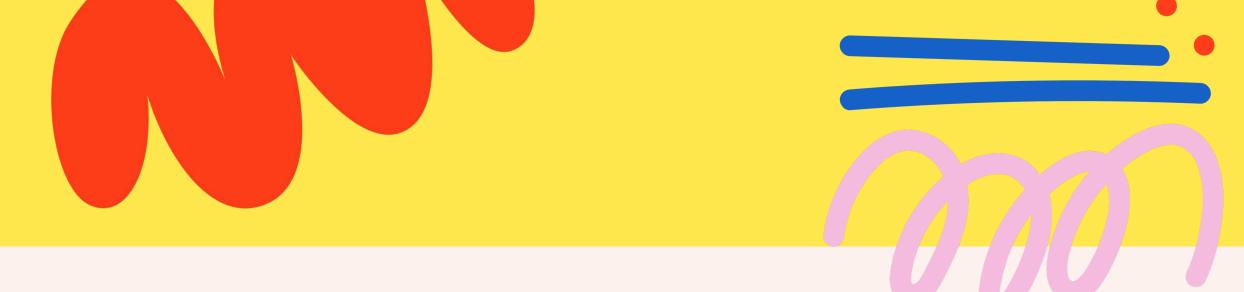
FOCUS ON WHAT YOU CAN CHANGE

NOW LET'S CATEGORIZE YOUR LIST OF 'NOT WORKING WELL' ITEMS INTO:

CONTROL??

INFLUENCE??

ACCEPT??



A HEALTHY BALANCE DIET FOR YOUR BRAIN

- SLEEP TIME
- PHYSICAL TIME
- FOCUS TIME
- TIME IN
- DOWN TIME
- PLAY TIME
- CONNECTING TIME

- IDENTIFY UP TO 3 OF THE AREAS IN THIS MODEL THAT YOU DO WELL IN
- IDENTIFY THREE ACTIONS DO ROUTINELY (DAILY OR WEEKLY) THAT KEEP YOU DOING WELL IN THESE AREAS
- IDENTIFY AN AREA YOU DON'T DO SO WELL WITH

THE HEALTHY MIND PLATTER



COGNITIVE WELLBEING — HOW IS YOUR THINKING?

PHYSICAL WELLBEING – HOW IS YOUR EATING, SLEEPING AND MOVING

SPIRITUAL WELLBEING – DO YOUR VALUES AND BELIEFS
GUIDE YOUR PURPOSE- ARE YOU DOING THINGS THAT LEAD
TO HAVING A MEANINGFUL LIFE?

SOCIAL WELLBEING- HOW DO YOU CONNECT WITH OTHERS?



LET'S HEAR FROM YOU

WHAT DOES YOUR WORKPLACE DO THAT IS INNOVATIVE TO MANAGE STAFF WELLBEING?



4-7-8 BREATHING

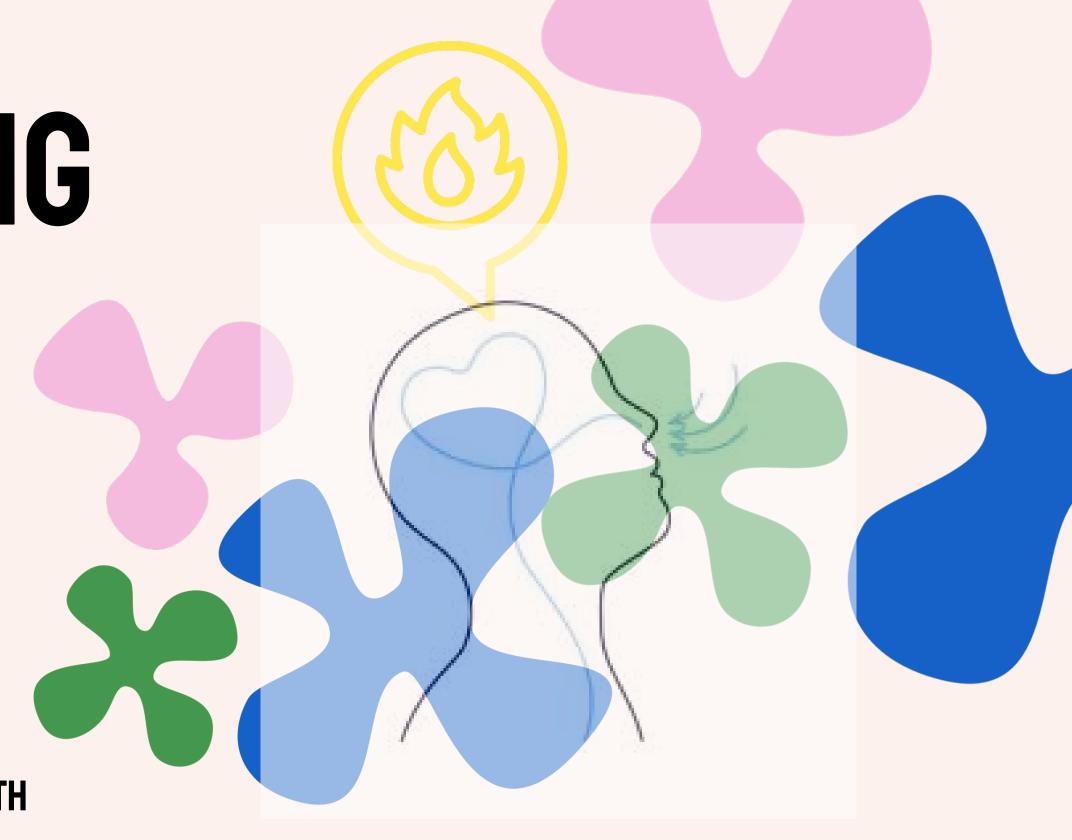
A GOOD RESET ACTIVITY AND HAS A GROUNDING EFFECT

GOOD FOR INSOMNIA – 5 CYCLES, IN A LYING POSITION!

4 SECONDS - BREATH IN DEEPLY - THROUGH YOUR NOSE

7 SECONDS — HOLD BREATH

8 SECONDS - RELEASE - SLOWLY - THROUGH YOUR MOUTH



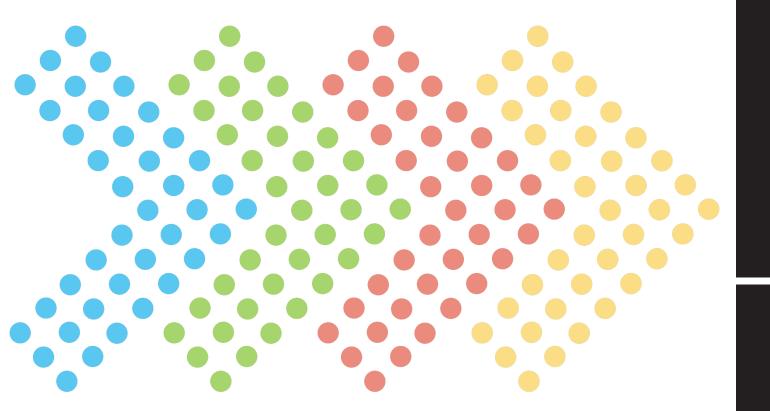


"THE MISSING INGREDIENT IN SELF-CARE"









THANKYOU

